

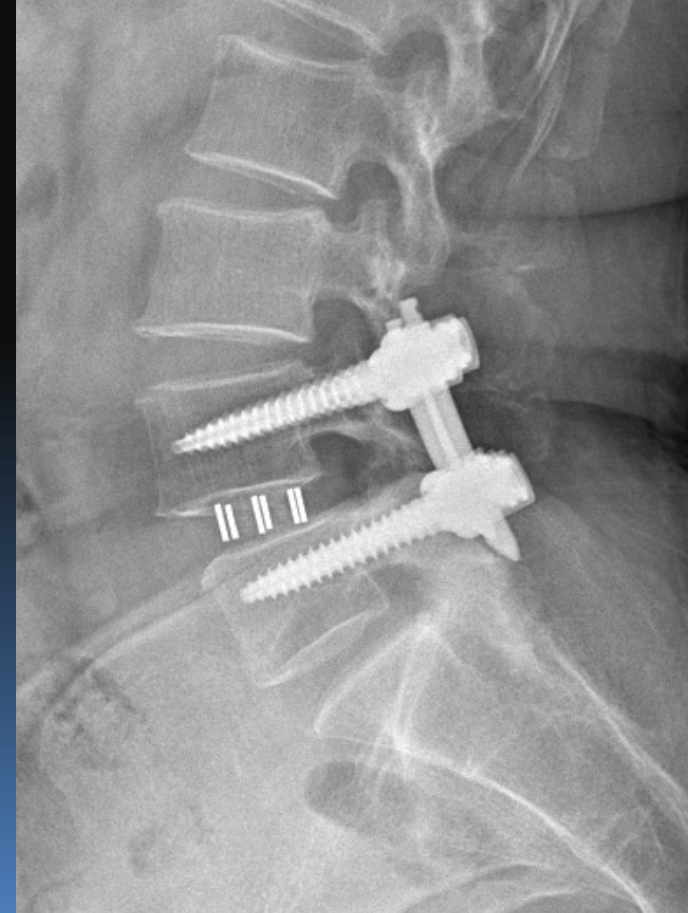
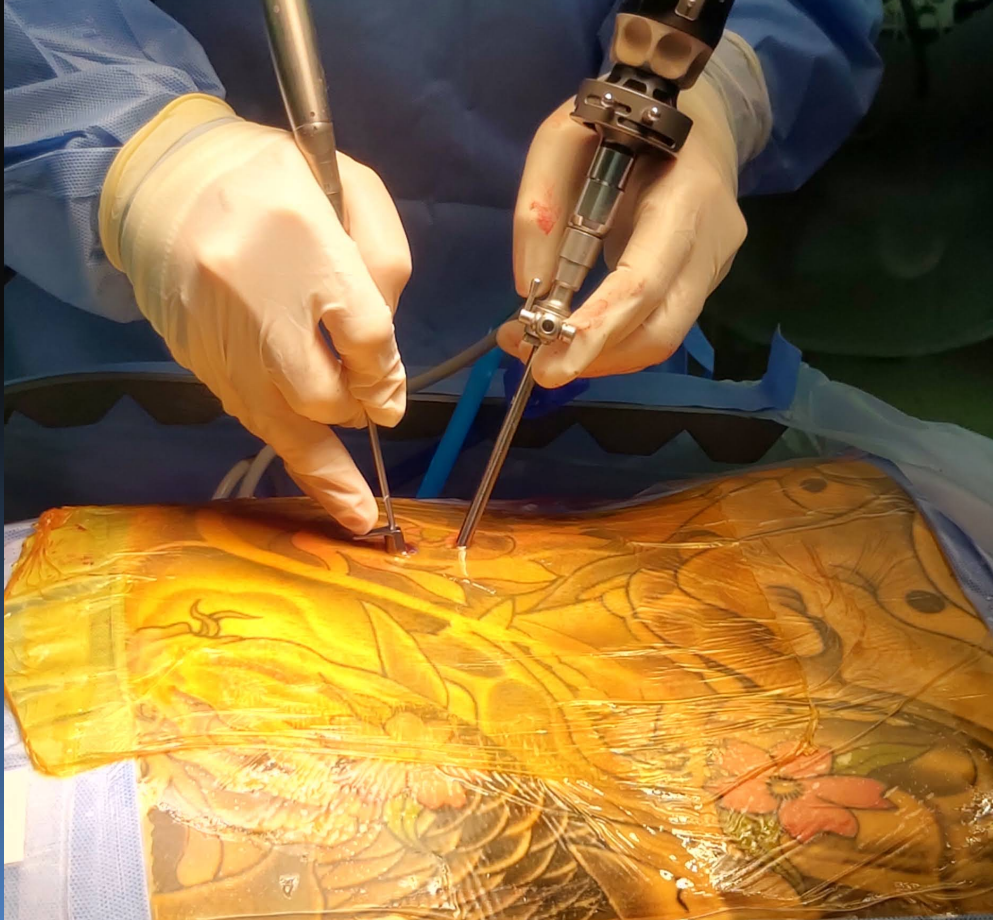
Biportal endoscopic lumbar interbody fusion

Dong Hwa Heo, MD. PhD.

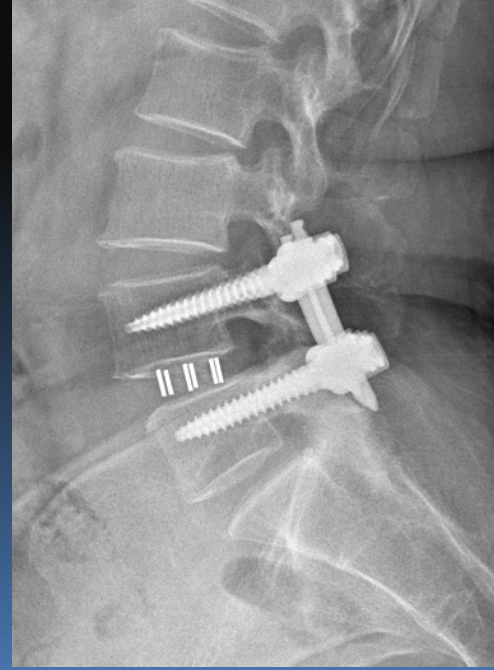
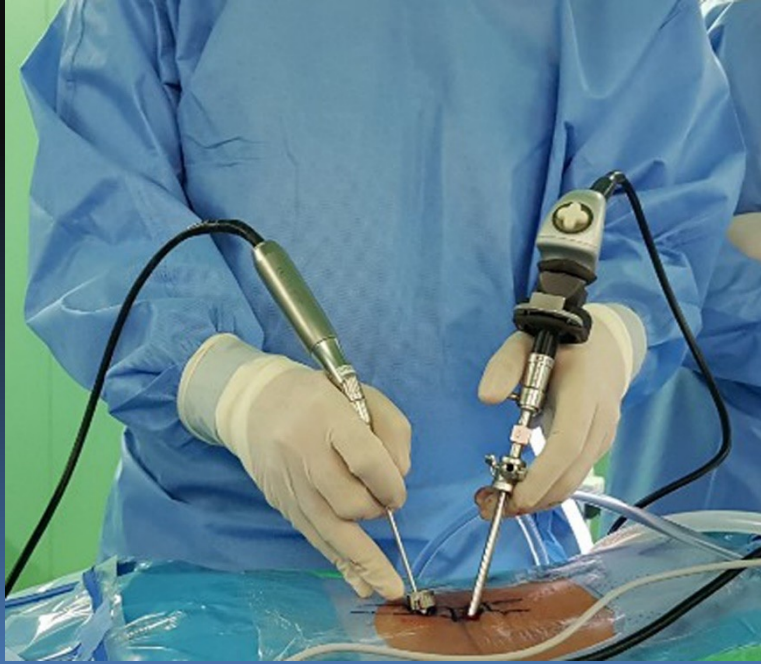
**Endoscopic Spine Surgery Center,
Neurosurgery
Seoul CPD Hospital, Seoul, South Korea**



Dual-portal endoscopic lumbar interbody fusion



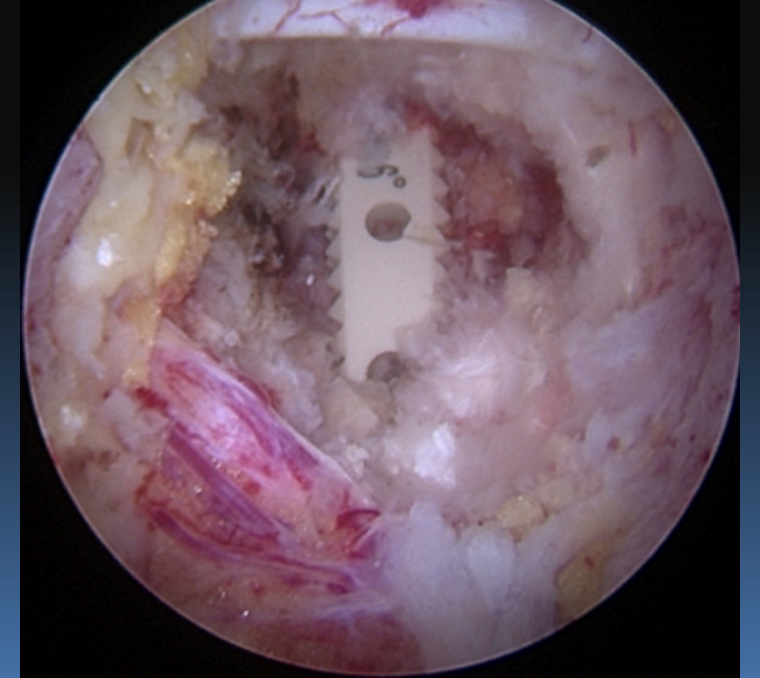
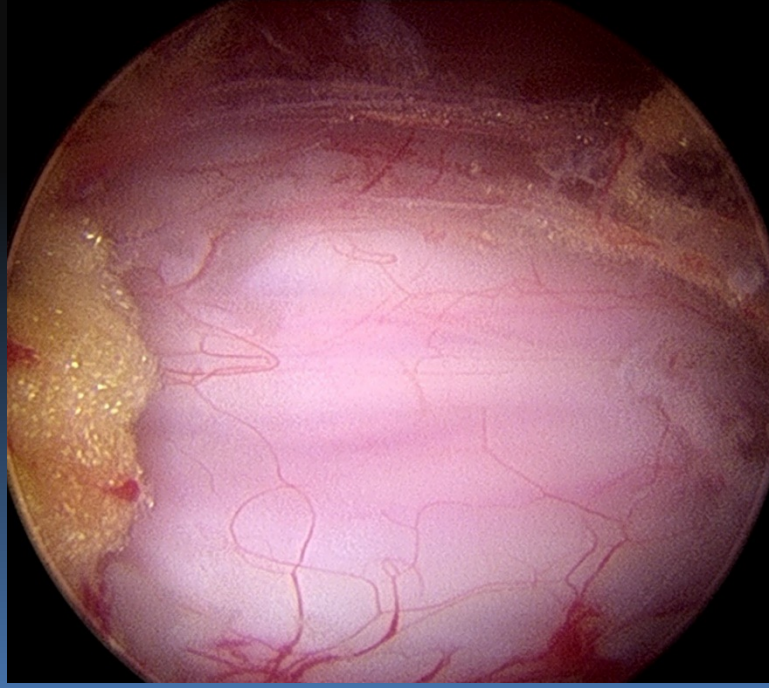
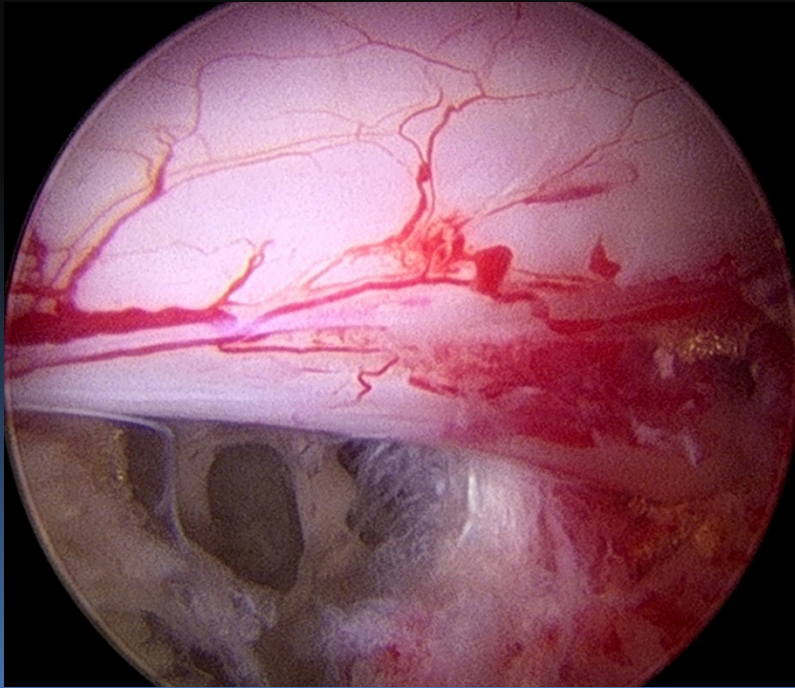
What are the better points comparing with MIS TLIF or Open TLIF ?



Biportal Endoscopic TLIF, Endoscopic assistant TLIF

@ Advantages

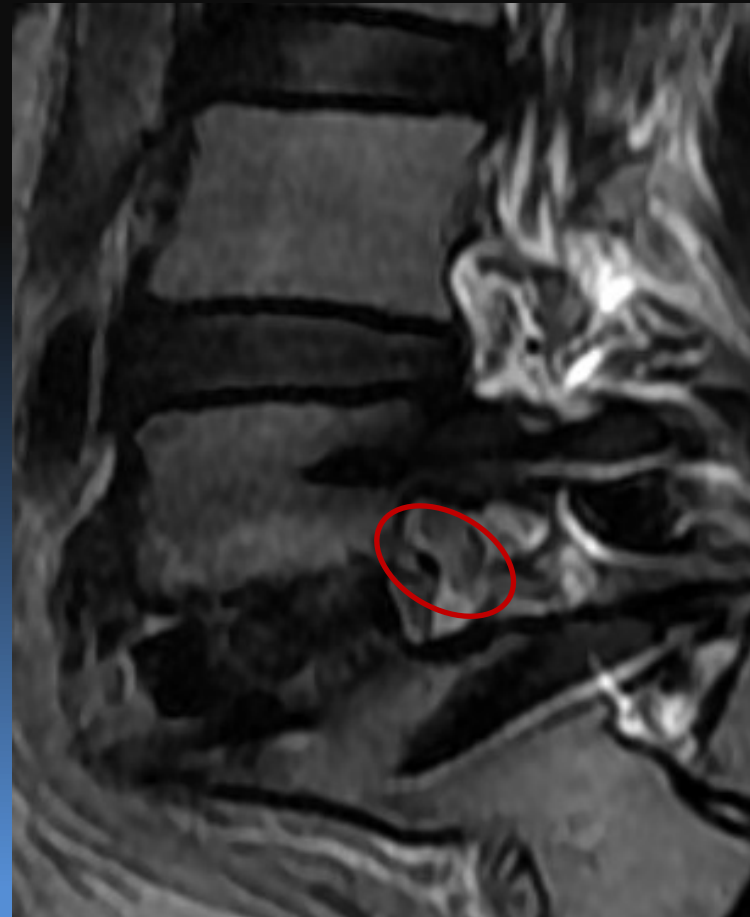
1. Direct decompression of nerve roots and central canal



Biportal Endoscopic TLIF, Endoscopic assistant TLIF

@ Advantages

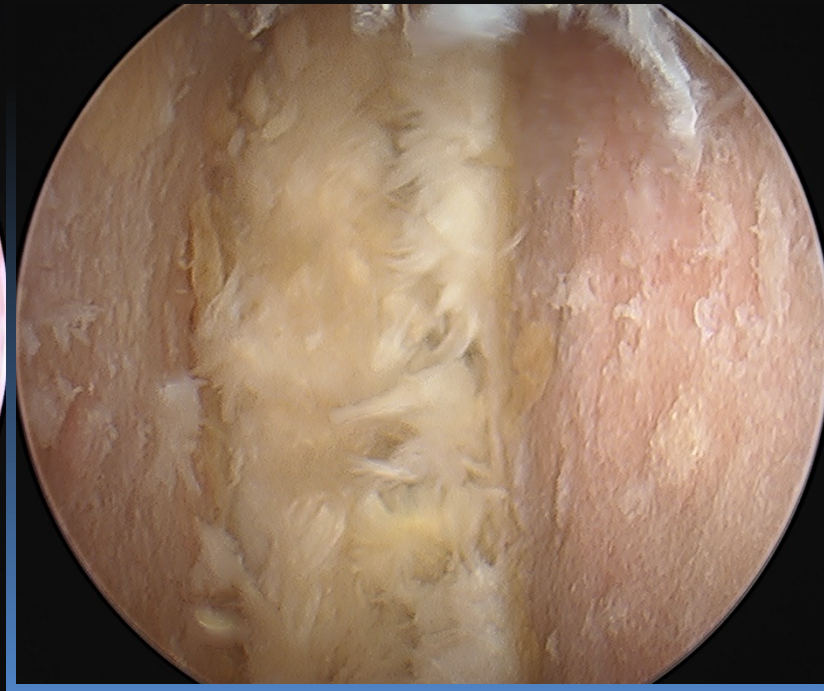
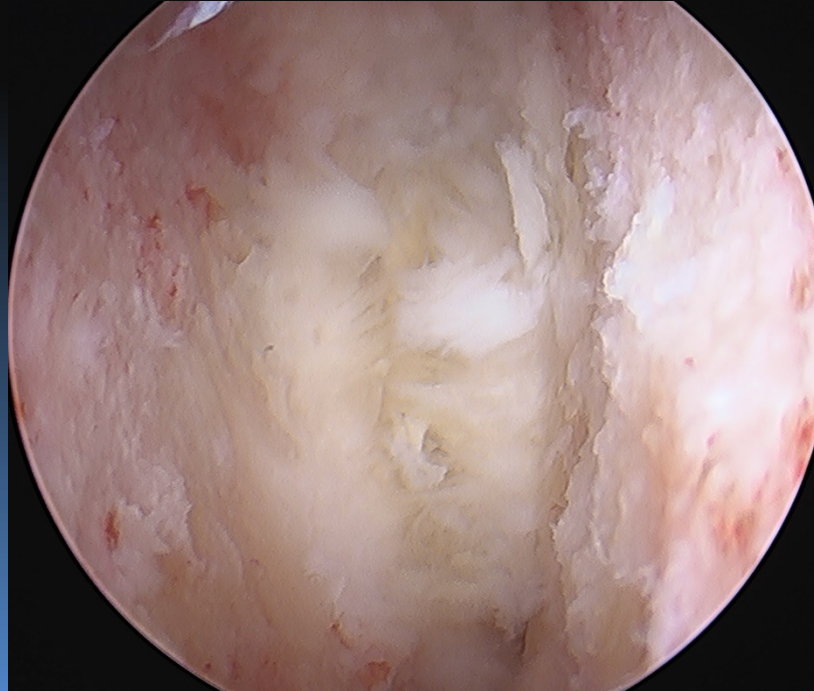
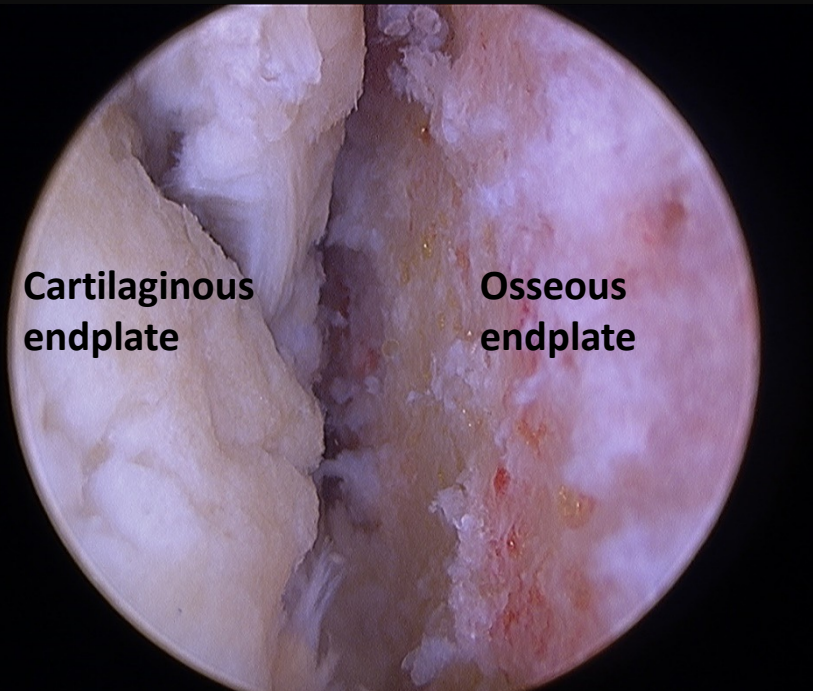
2. Indirect decompression (large size cage) as well as direct decomp



Biportal Endoscopic TLIF, Endoscopic assistant TLIF

@ Advantages

3. Endoscopic endplate preparation

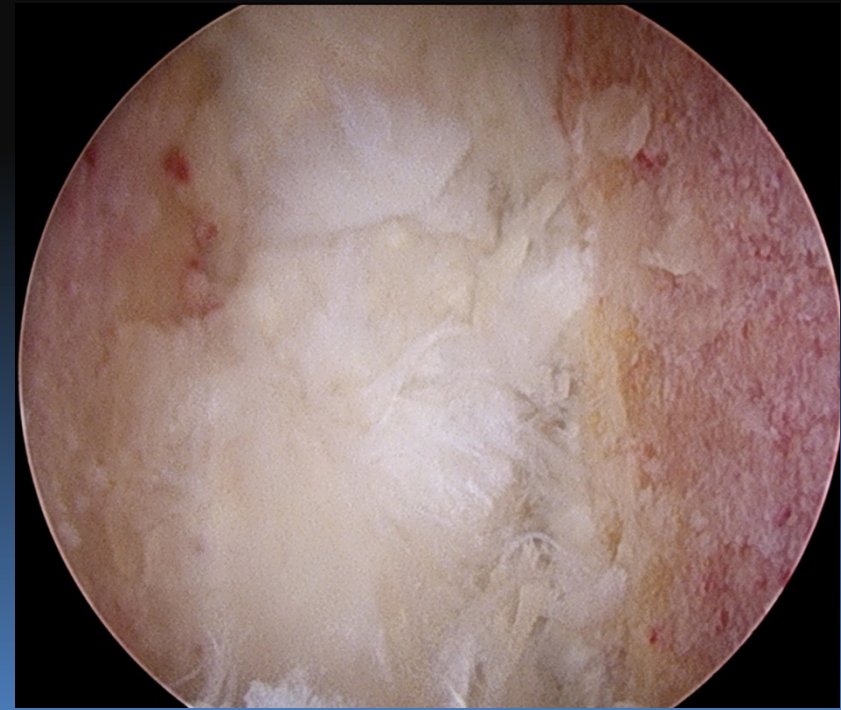
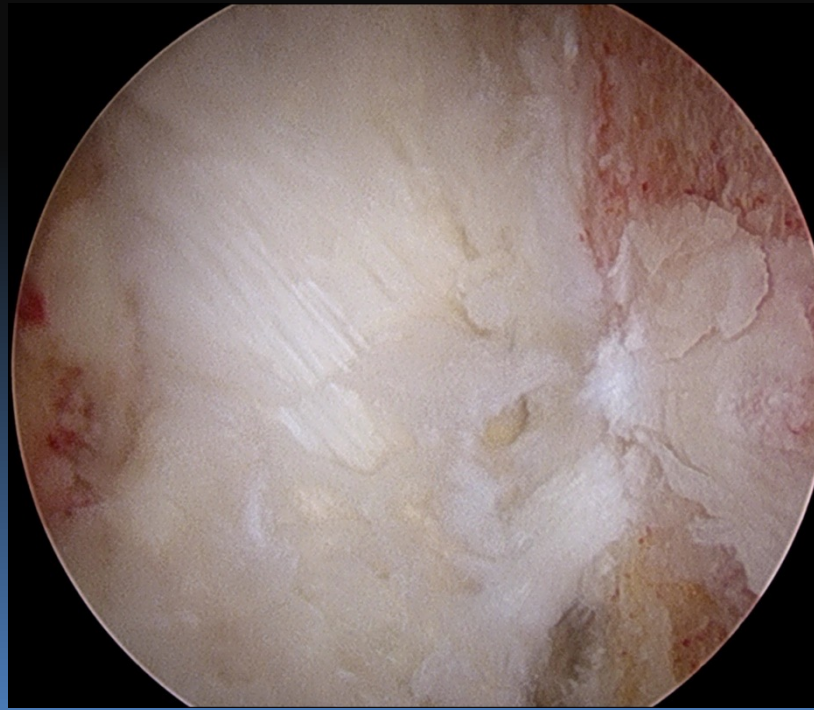


Removal of Only Cartilaginous endplate from osseous endplate

→ complete endplate preparation

→ prevention of subsidence

→ Fusion



@ Anterior annulus and ALL

Biportal Endoscopic TLIF, Endoscopic assistant TLIF

@ Advantages

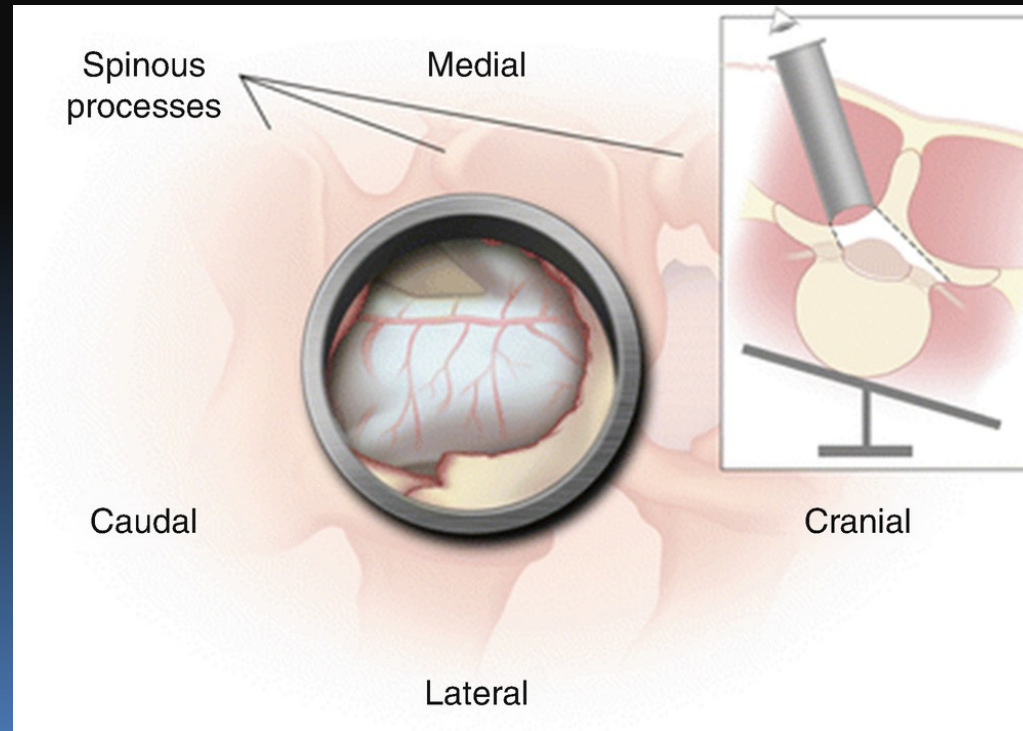
4. Minimizing traumatization of muscle (Fast recovery)

Painless surgery. Reduce postoperative pain and complications



Technique of biportal endoscopic TLIF

Same as MIS TLIF using Tubular retractor



Technique: same as Modified MIS-TLIF

1. Unilateral laminotomy with bilateral decompression



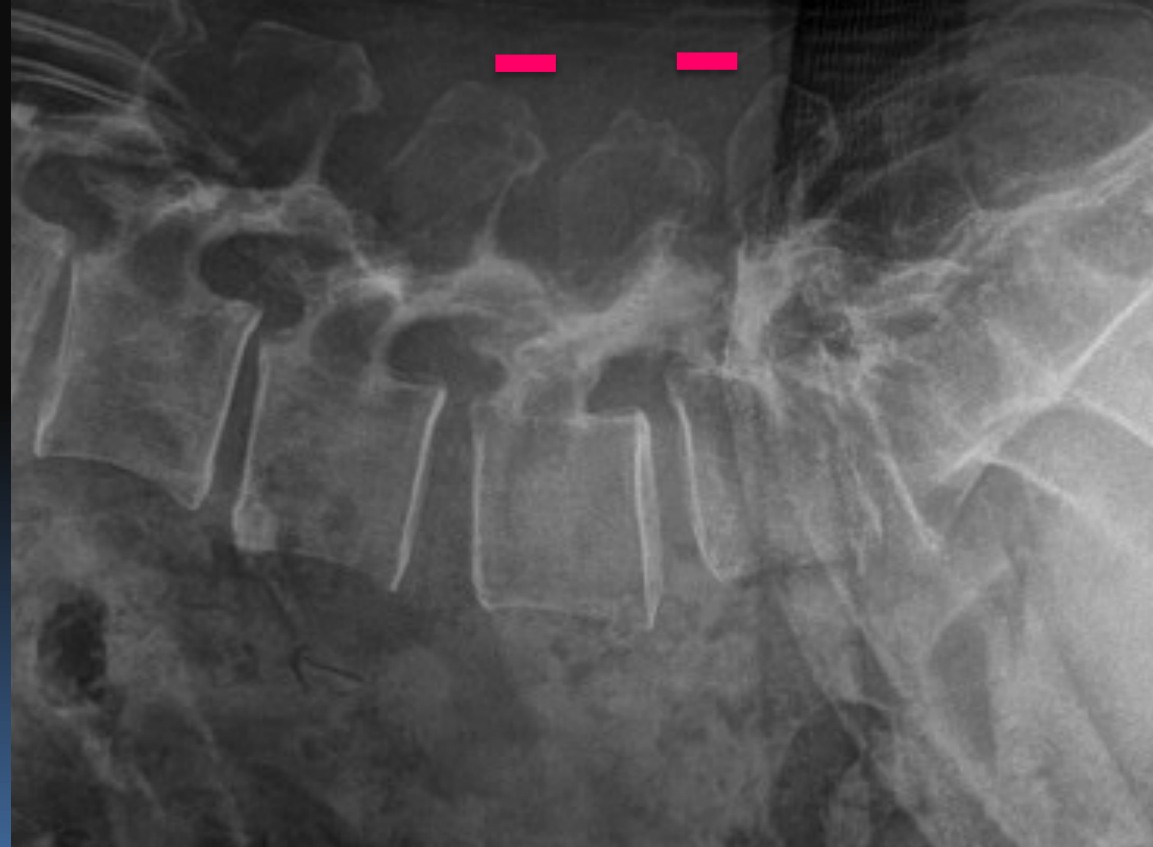
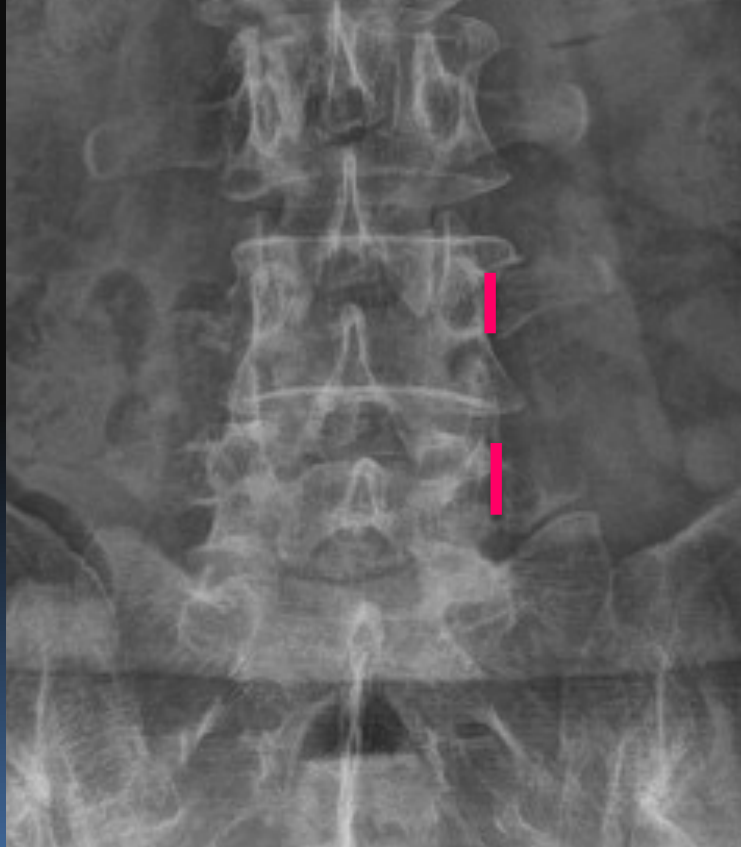
2. Unilateral facetectomy and discectomy



3. Endplate preparation and cage insertion



- Skin incision points for making two portals: over the pedicles



- Surgery: Biportal endoscopic TLIF at L45, Right side approach

Modified biportal endoscopic TLIF

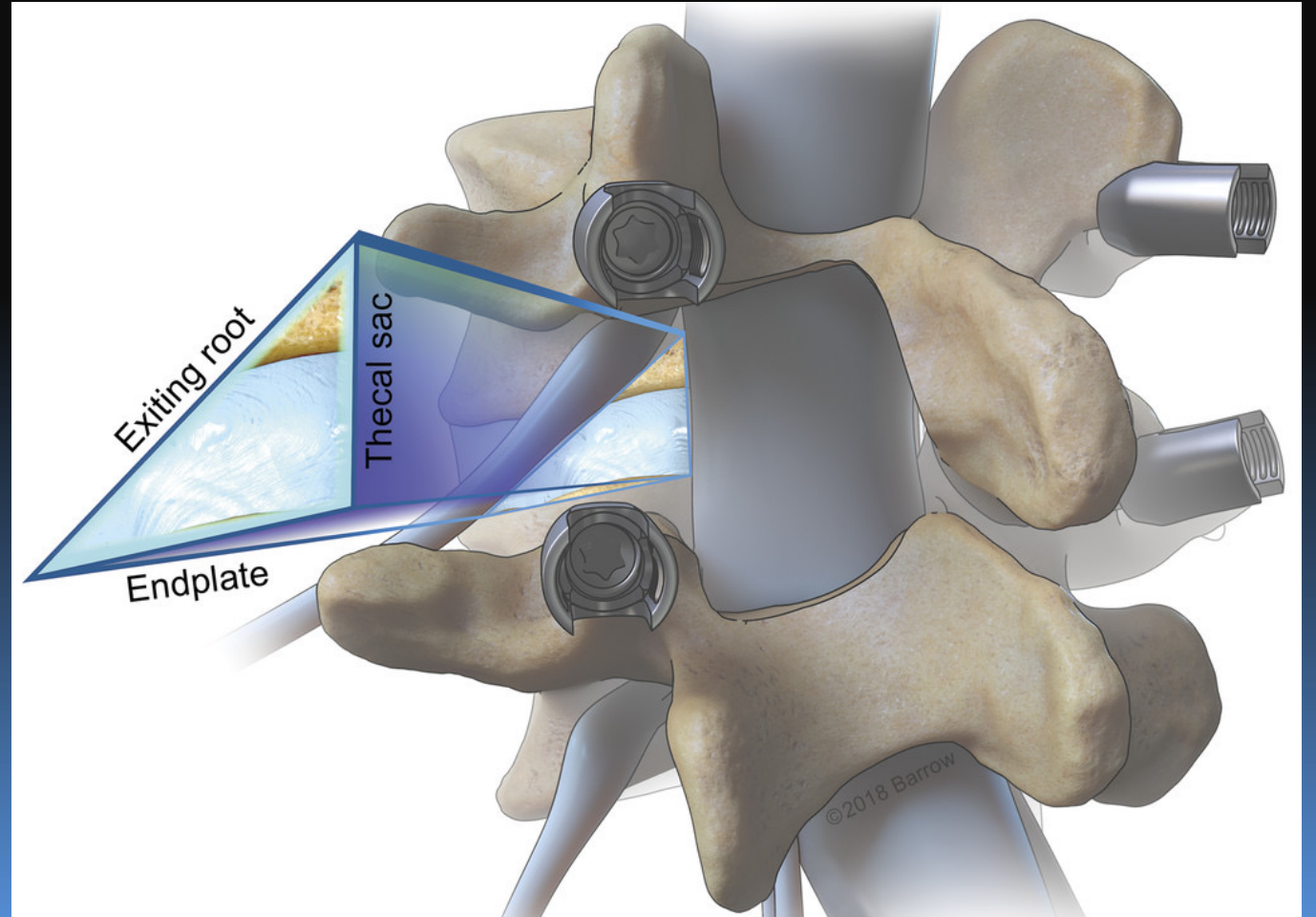
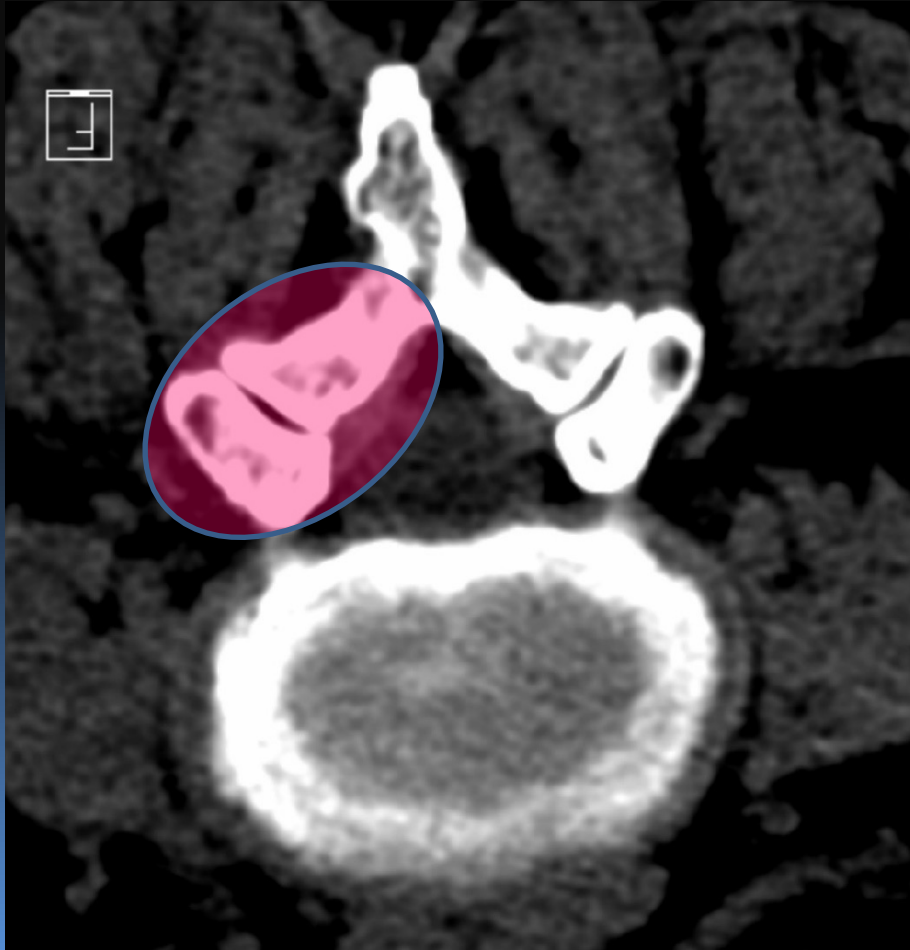
- Large spacer
- Large cage
- OLIF cage > Ex TLIF cage > TLIF cage > PLIF cage

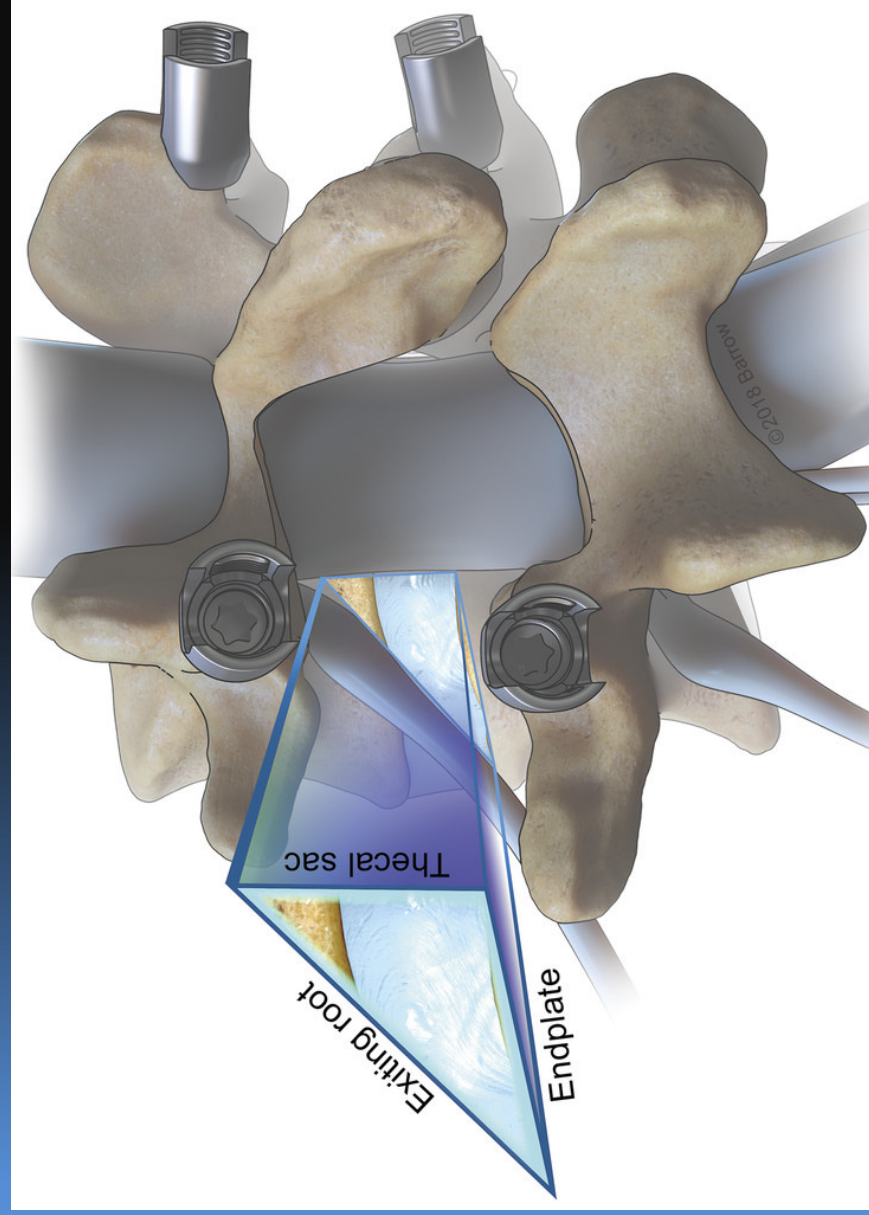
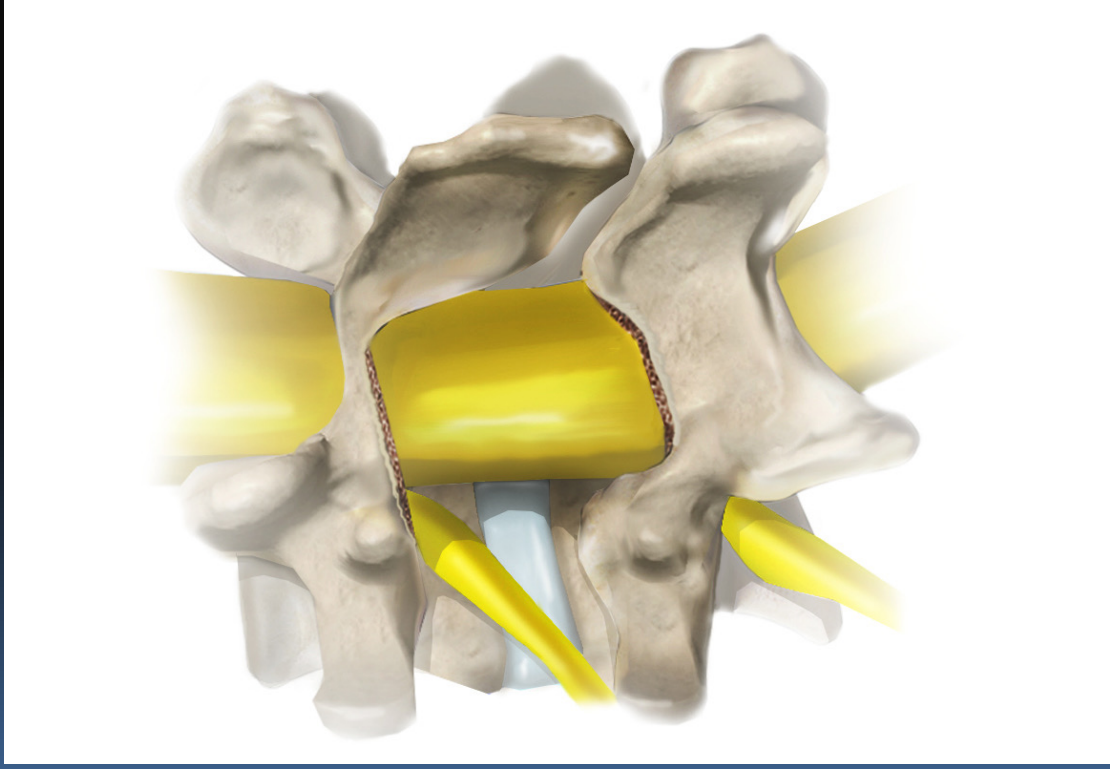


Expansion of Kambin's trangle

Unilateral laminotomy with **total facetectomy**

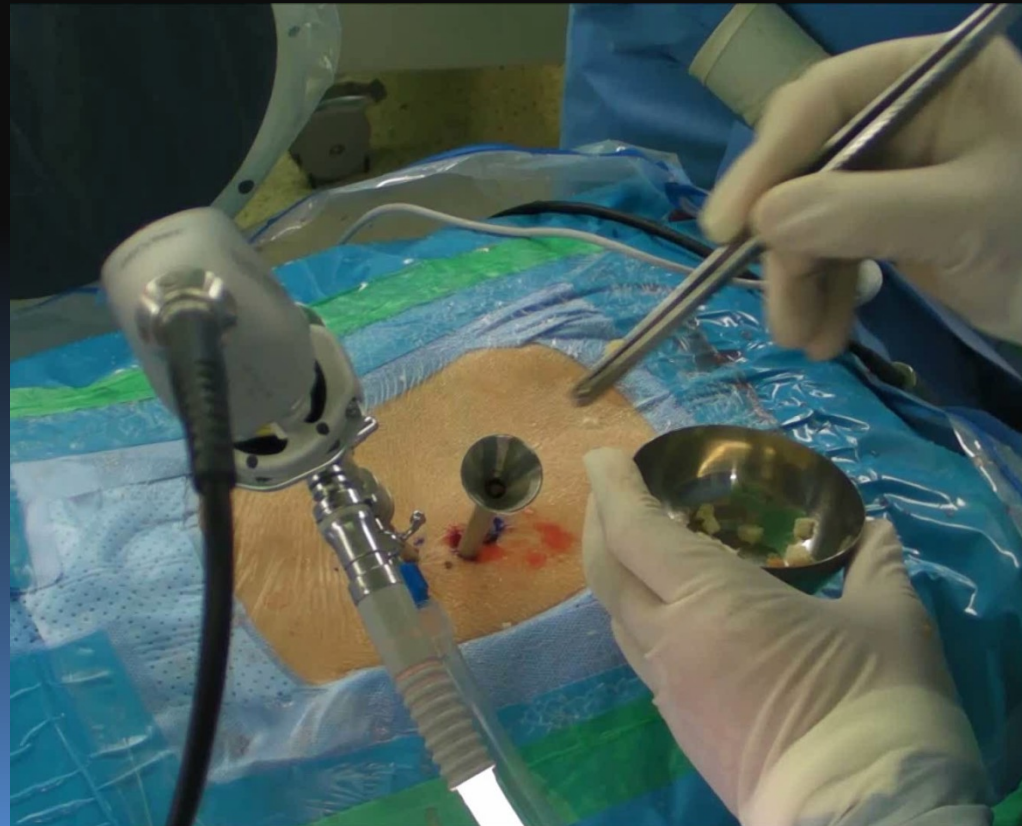
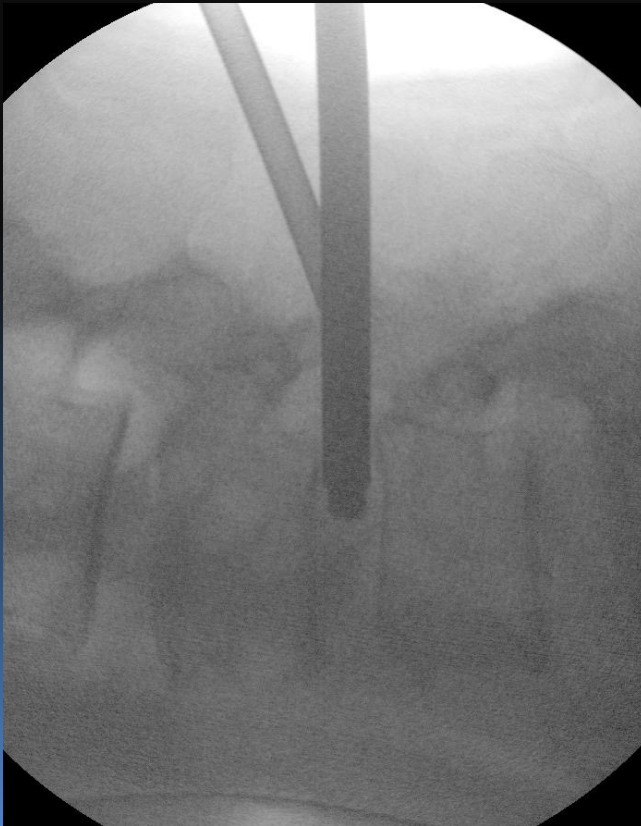
Make enough space for large cage insertion







**Insertion a lot of fusion material into interbody space
before a cage insertion**



Right sided approach

Medial

Caudal

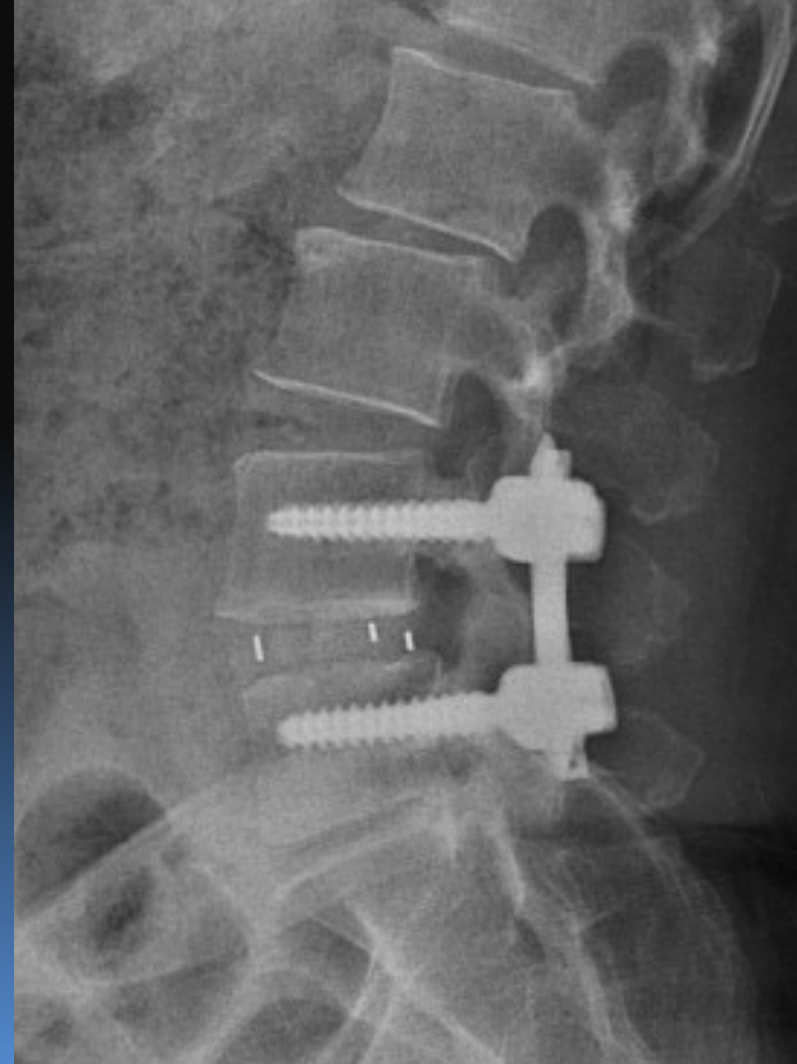
Cranial

Lateral



Exposure of L4 lamina. Rt using RF

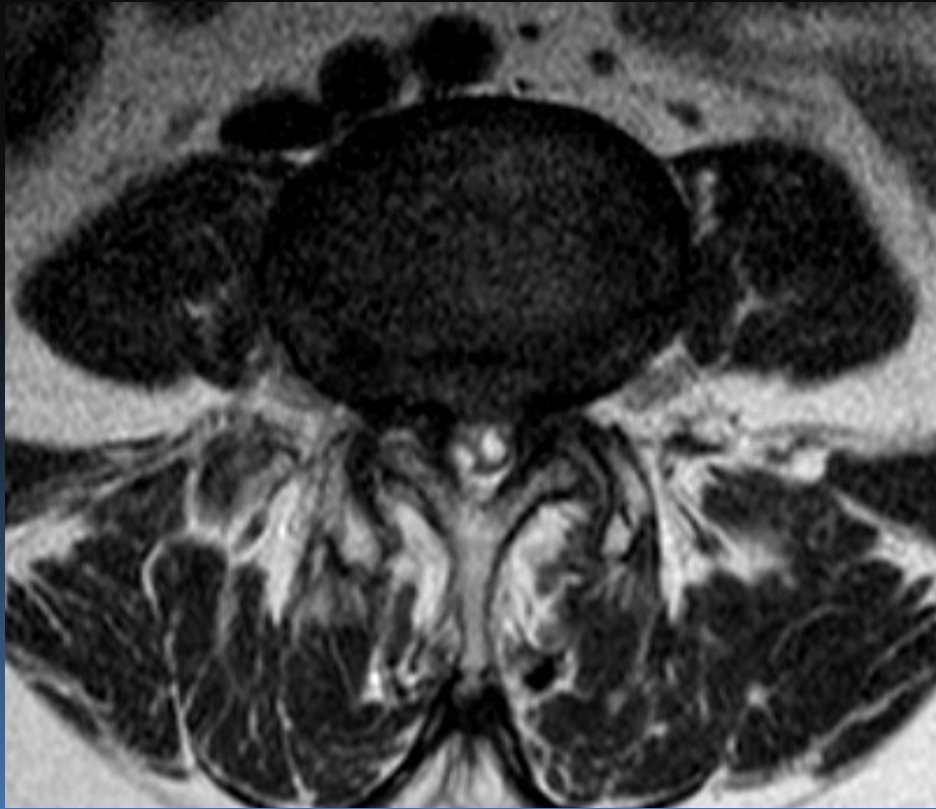
- **Postoperative X ray image**



- **Postoperative MRI image**

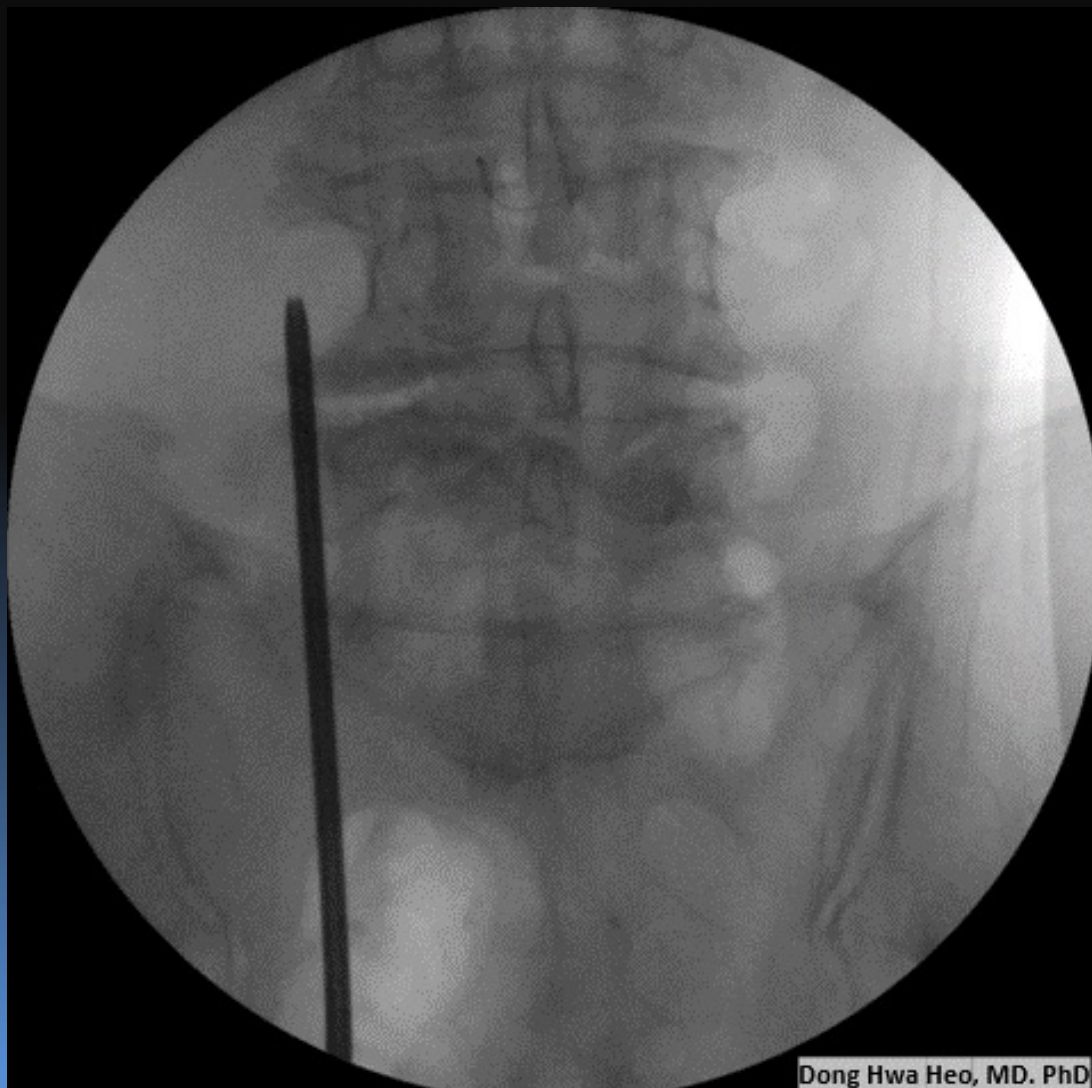


- **Postoperative MRI image**



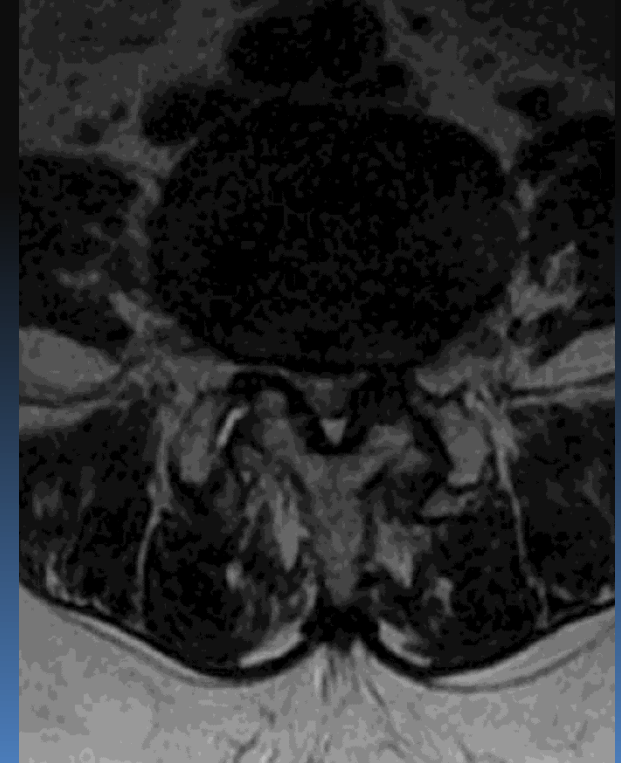


Biportal endoscopic TLIF

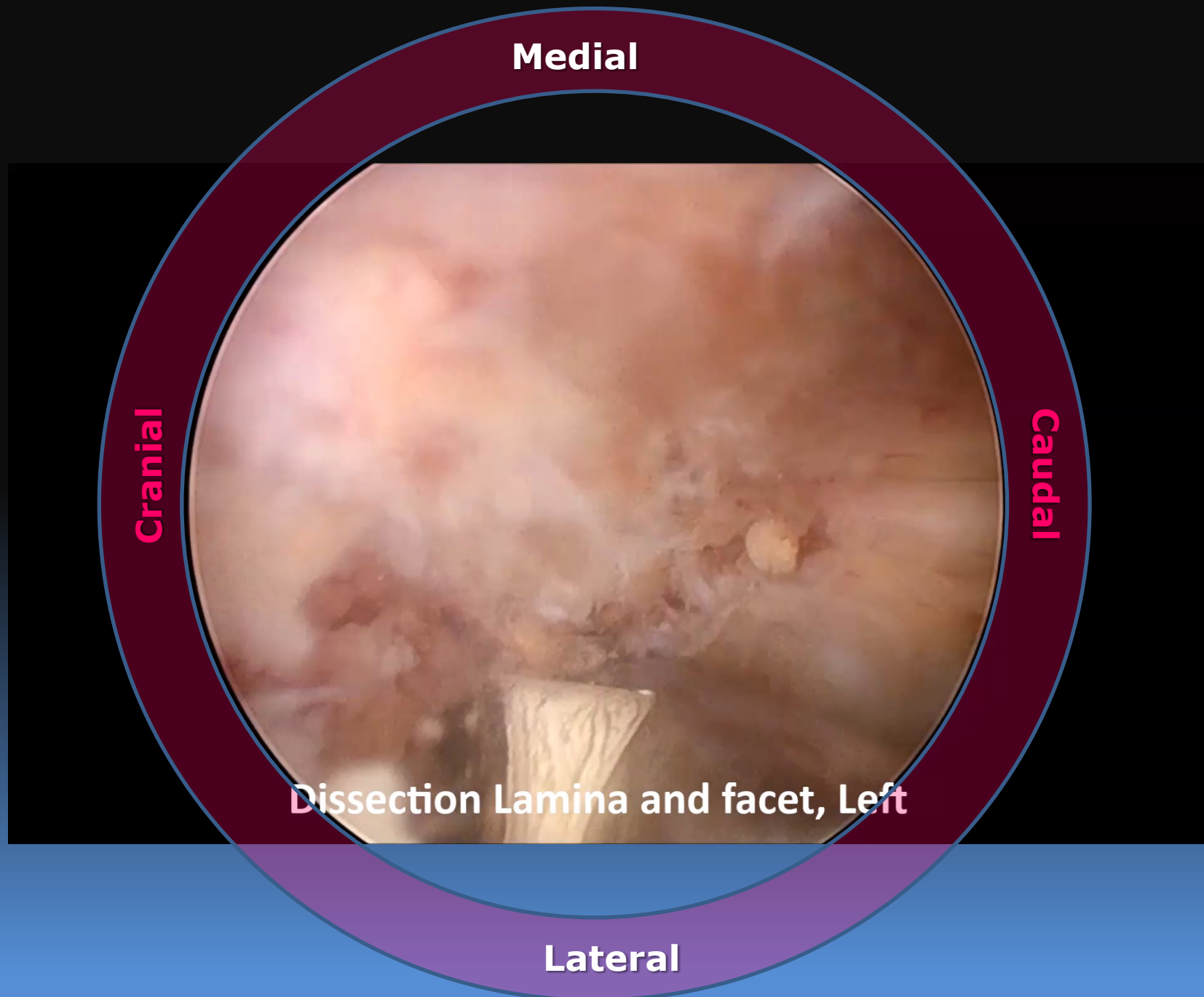


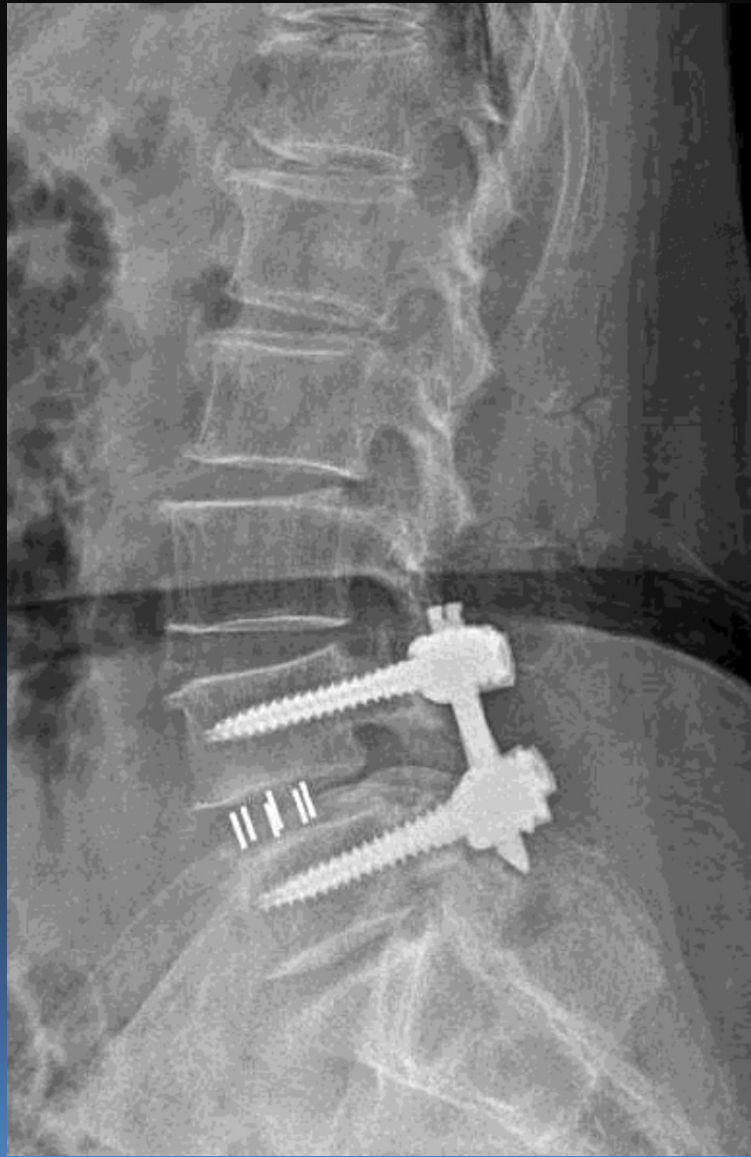
Dong Hwa Heo, MD. PhD

61/F back pain with both legs pain, claudication



large cage,
Left approach



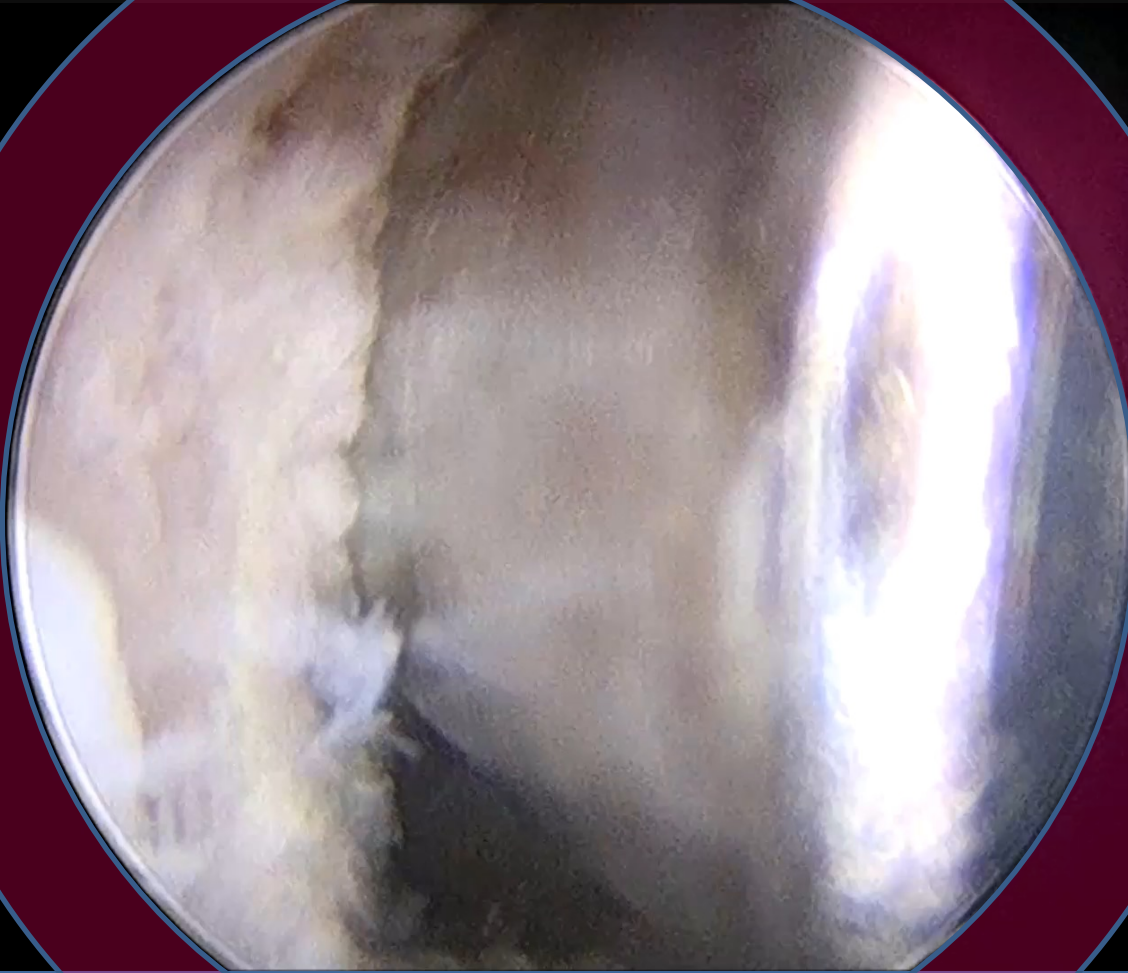


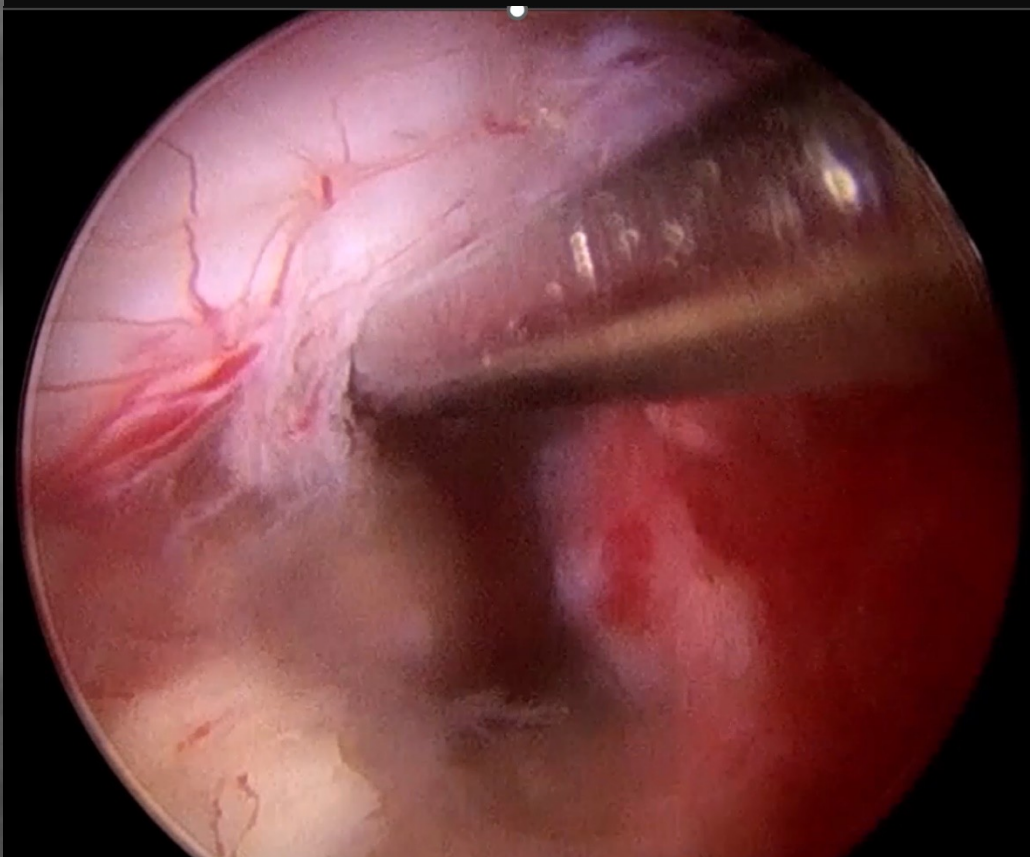
Medial

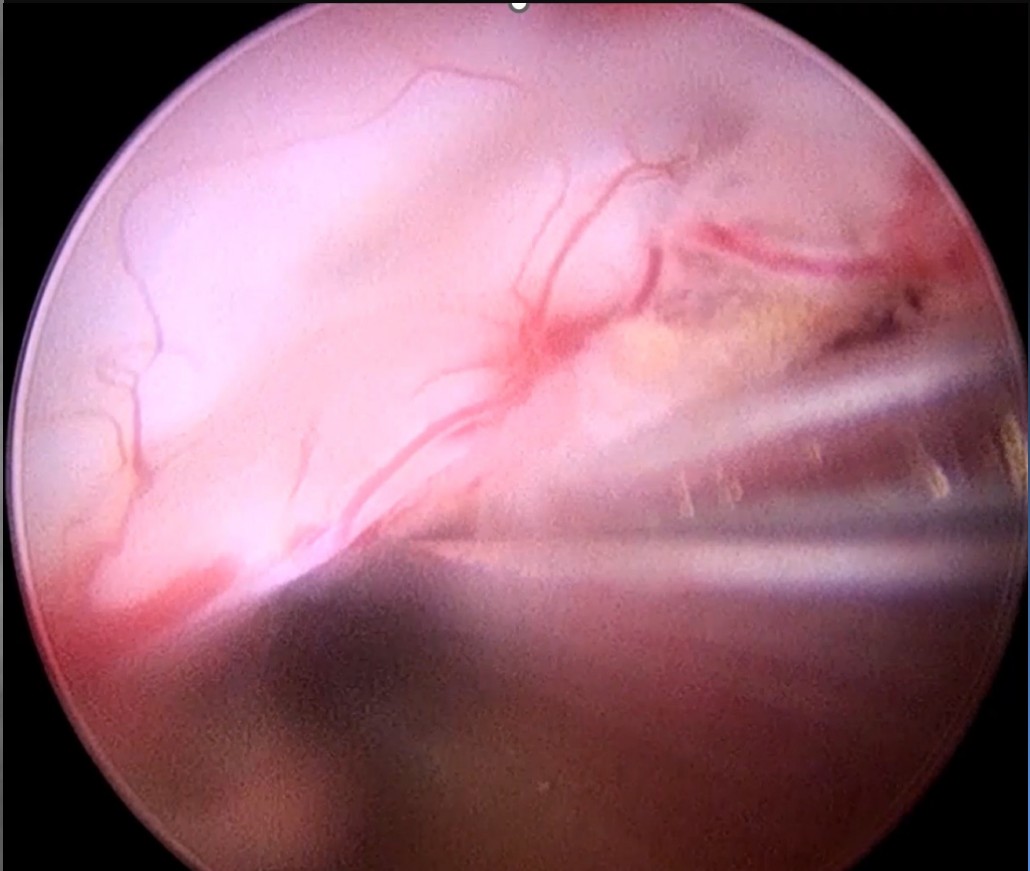
Cranial

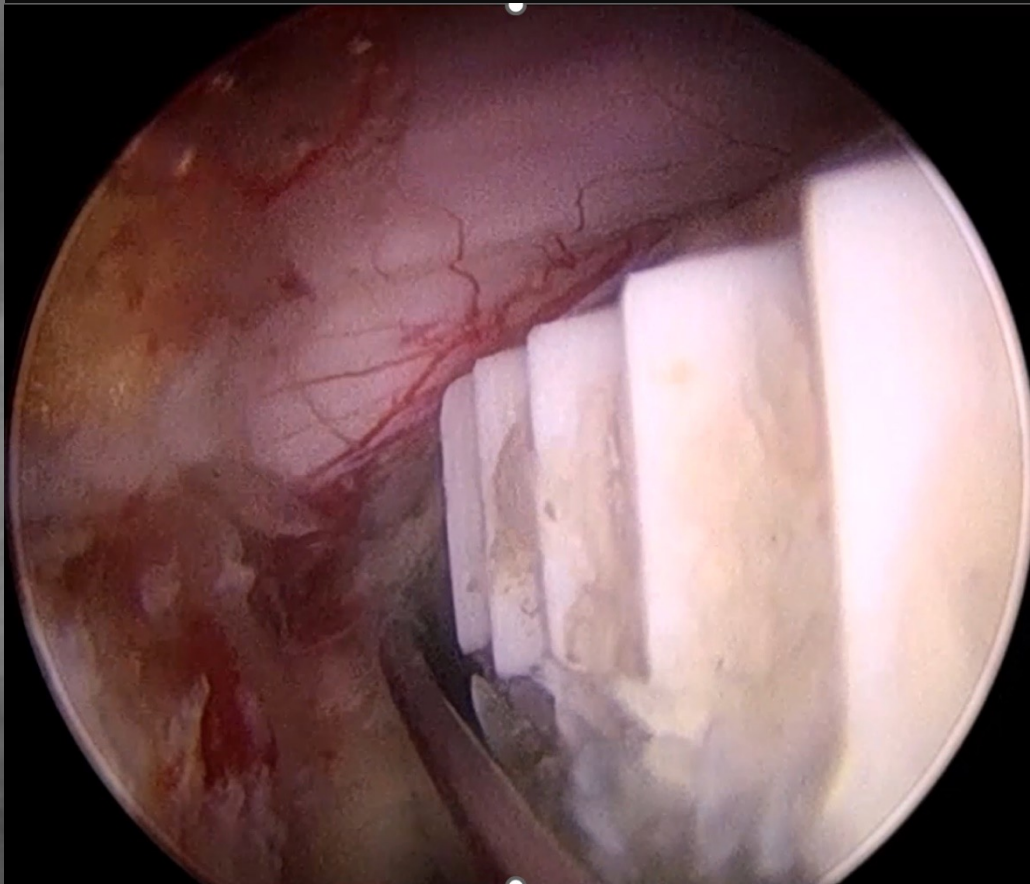
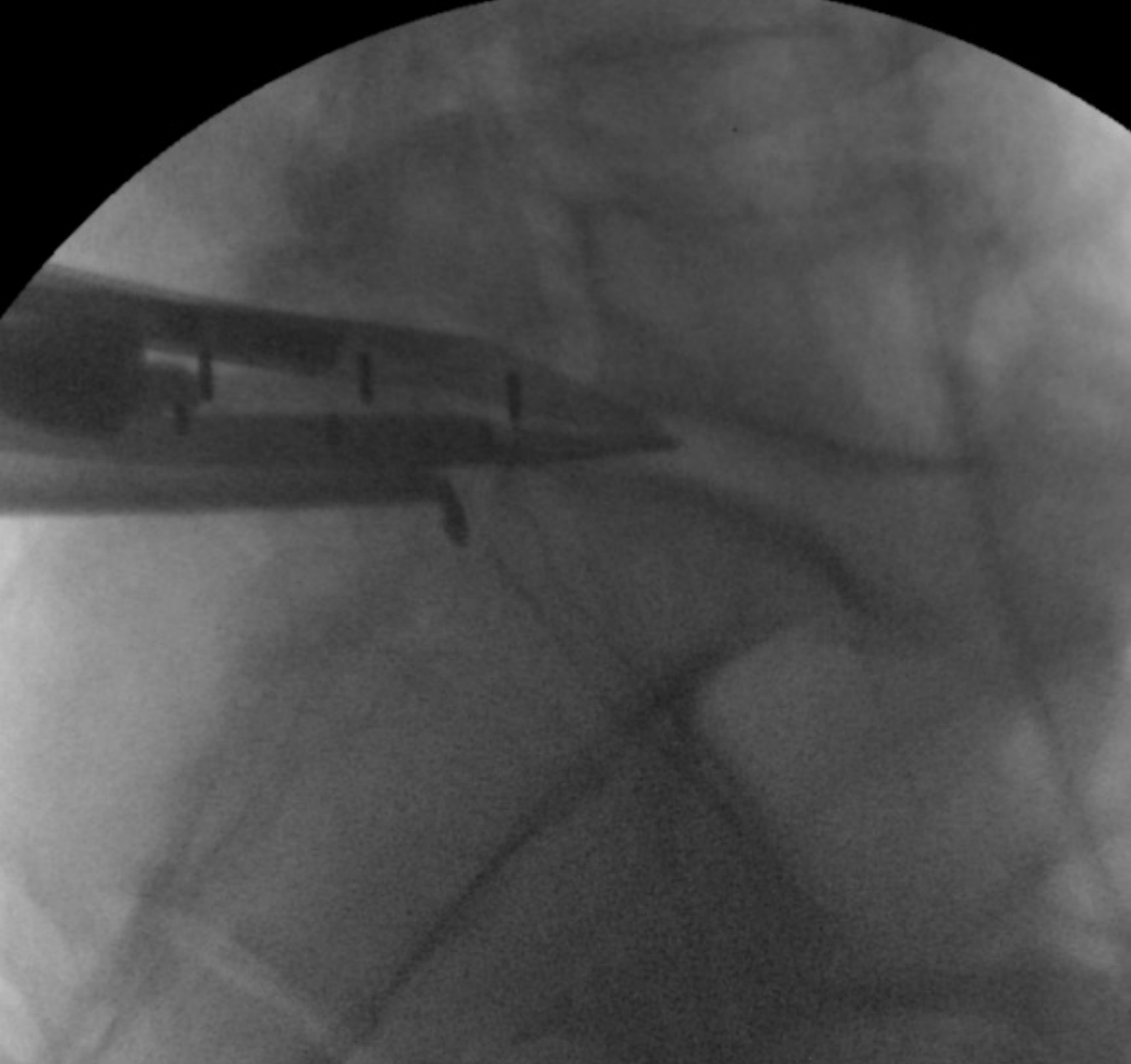
Caudal

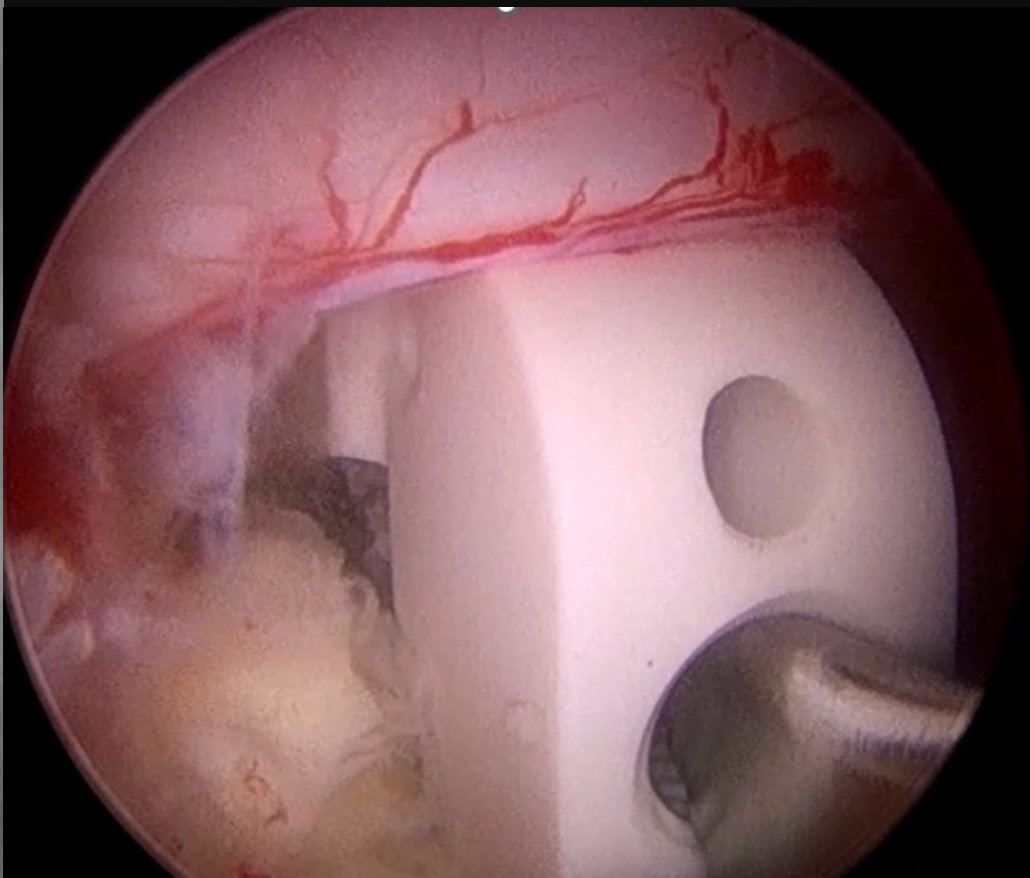
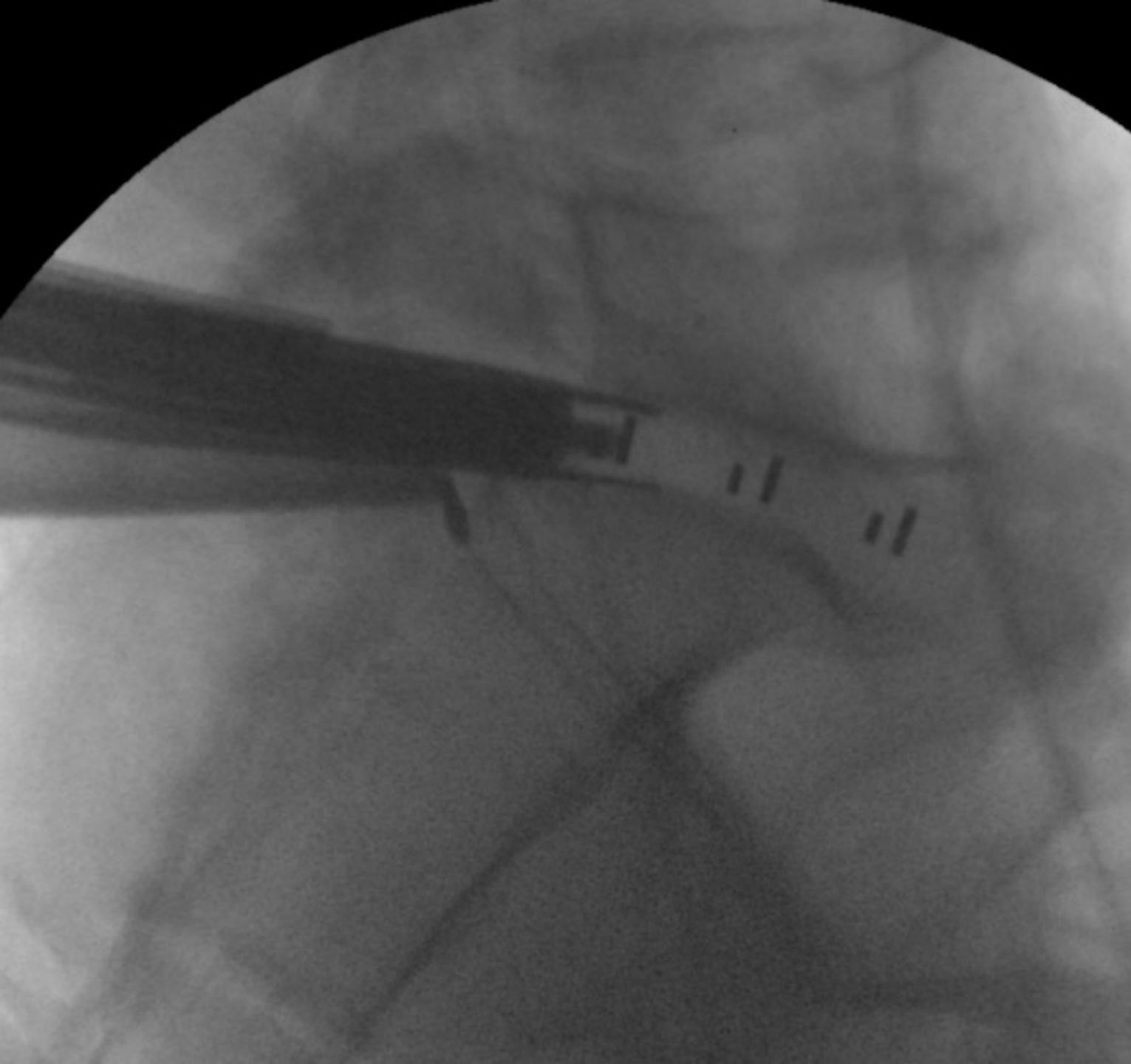
Lateral

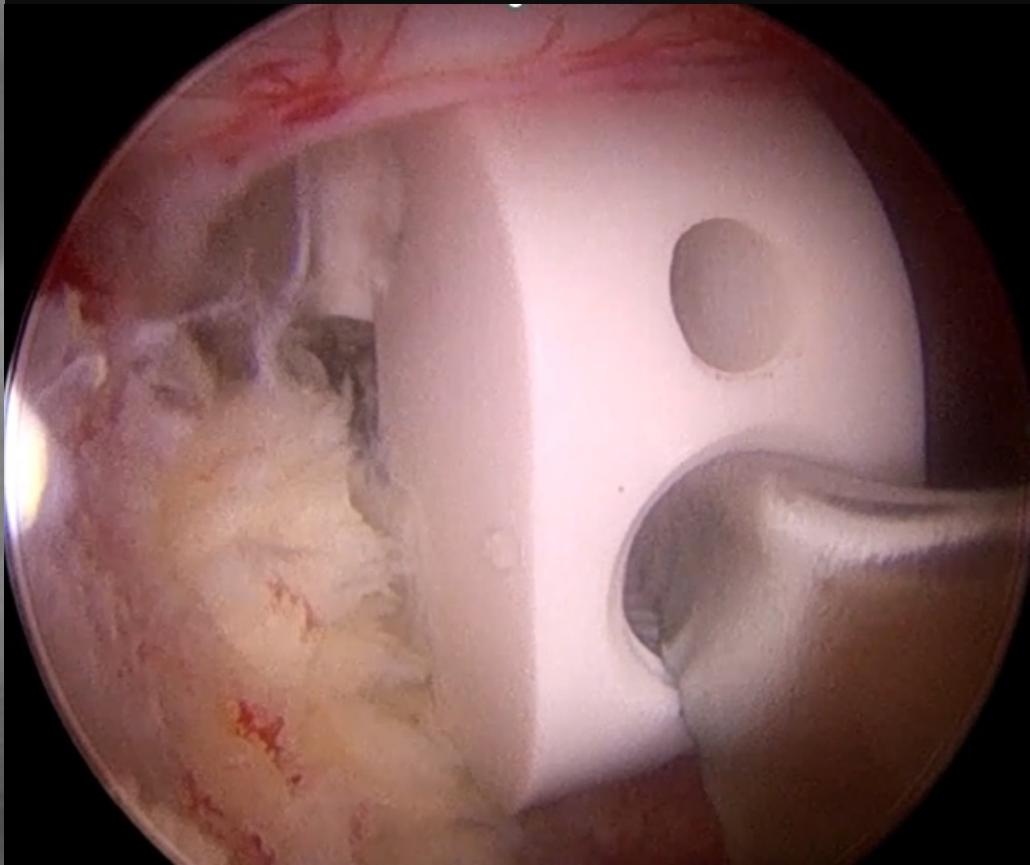
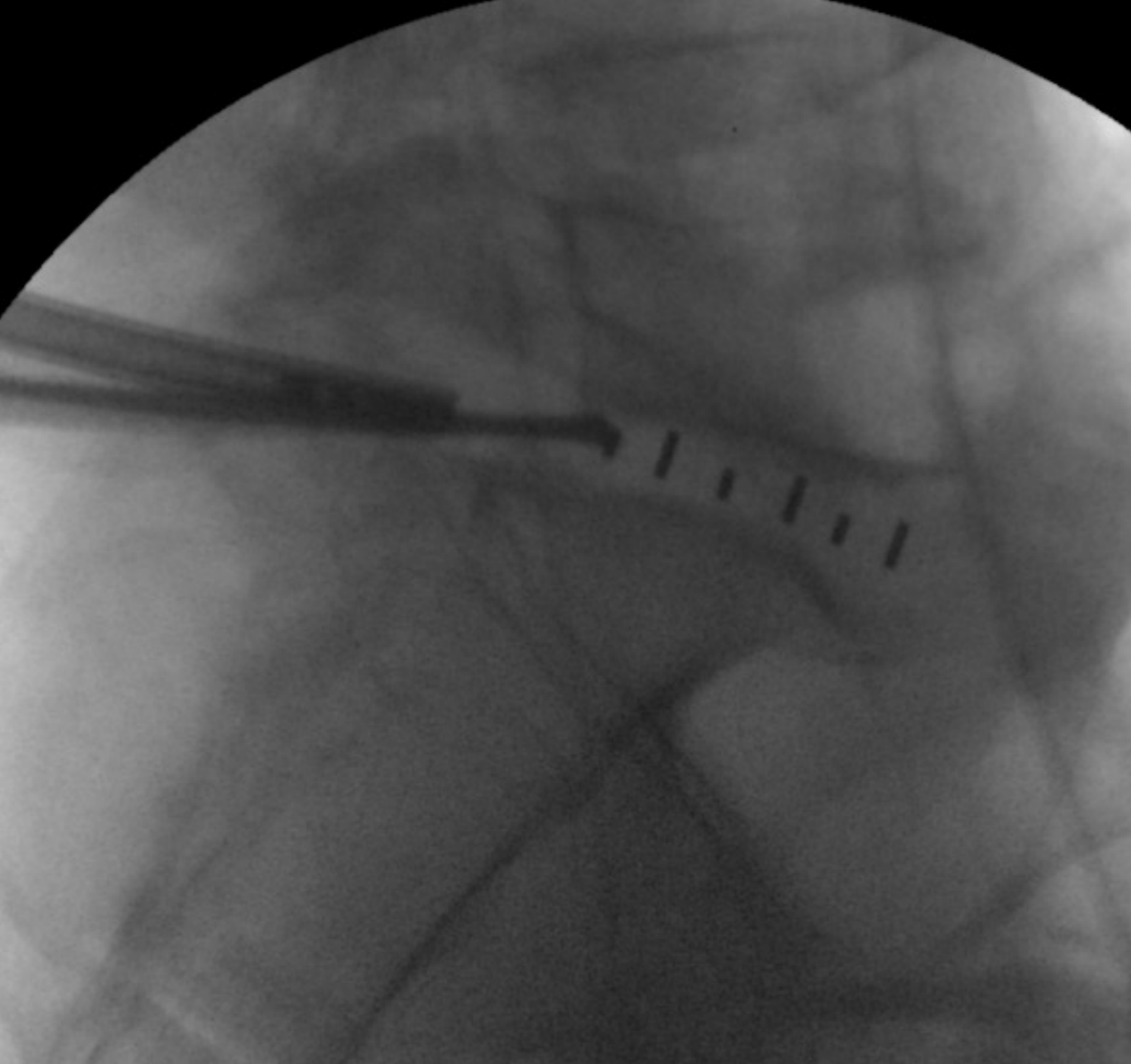


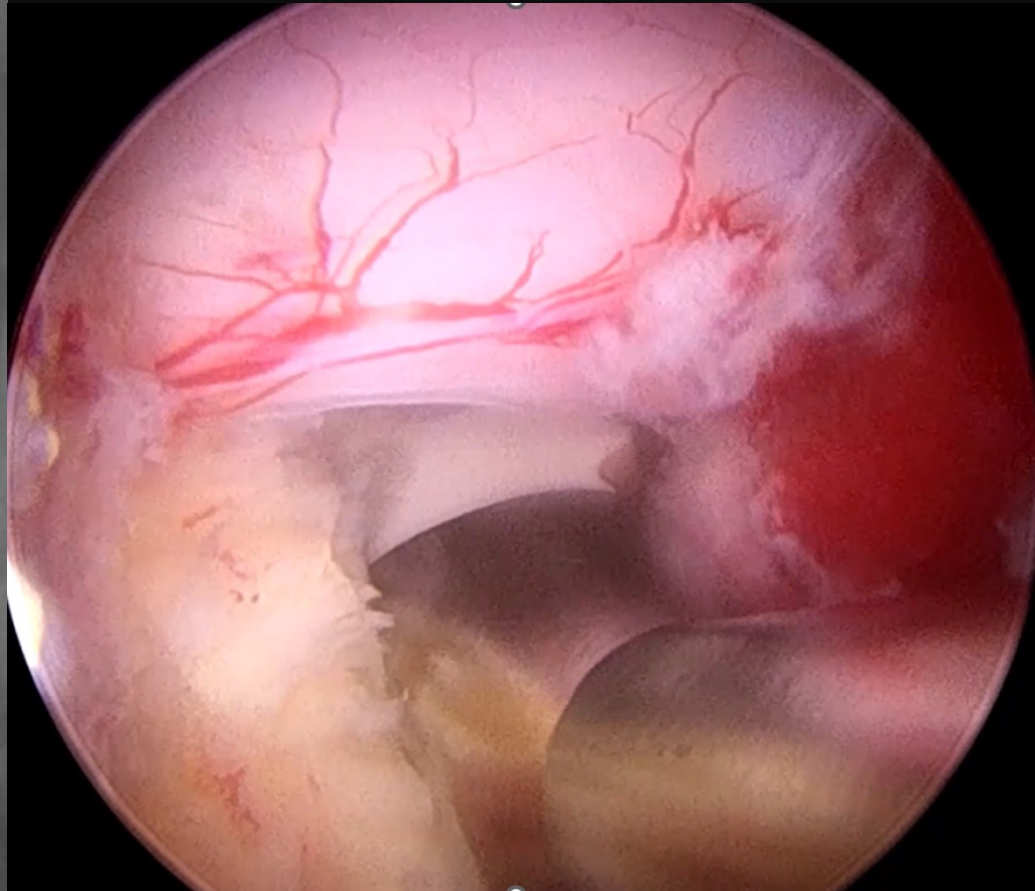
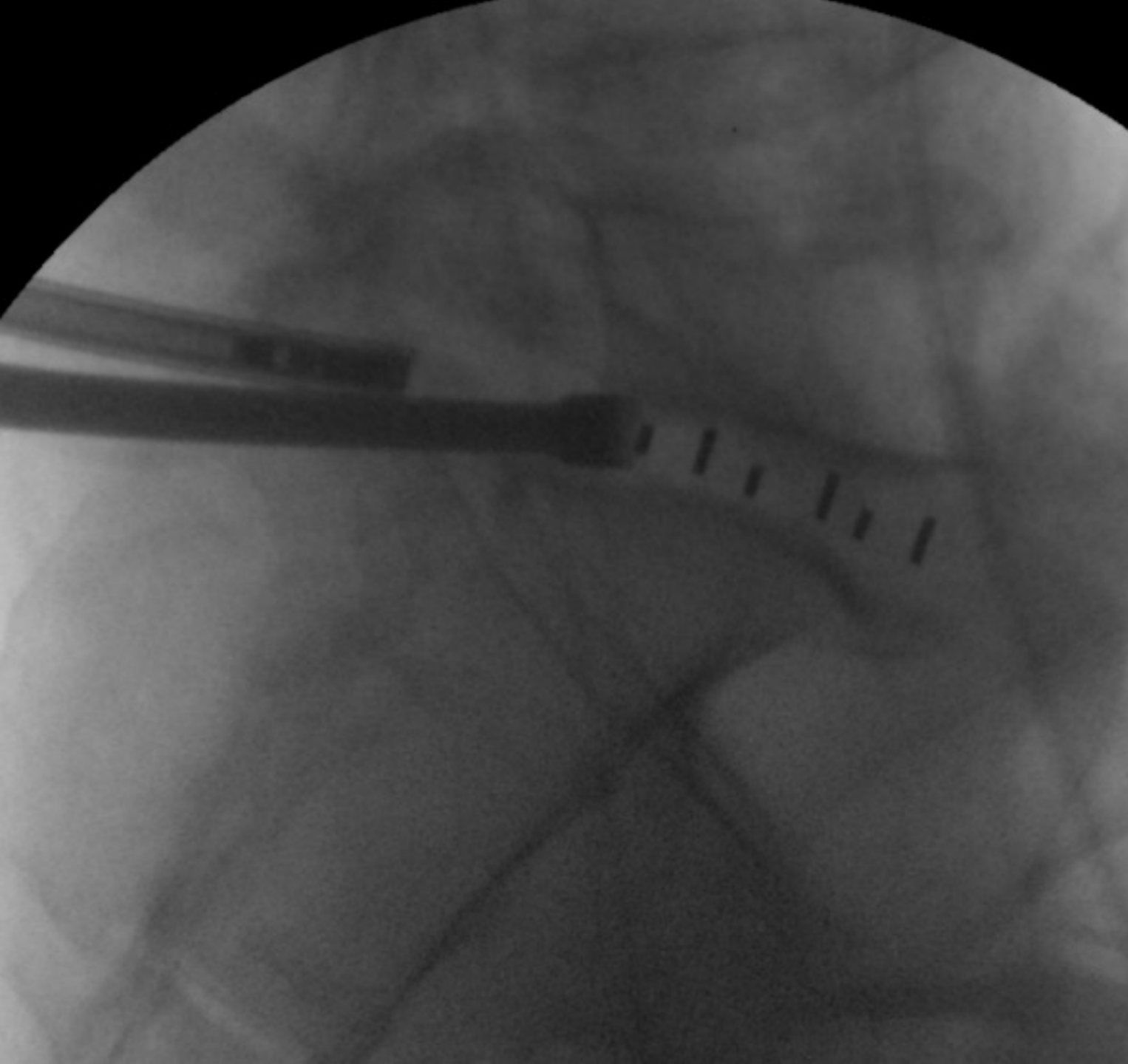


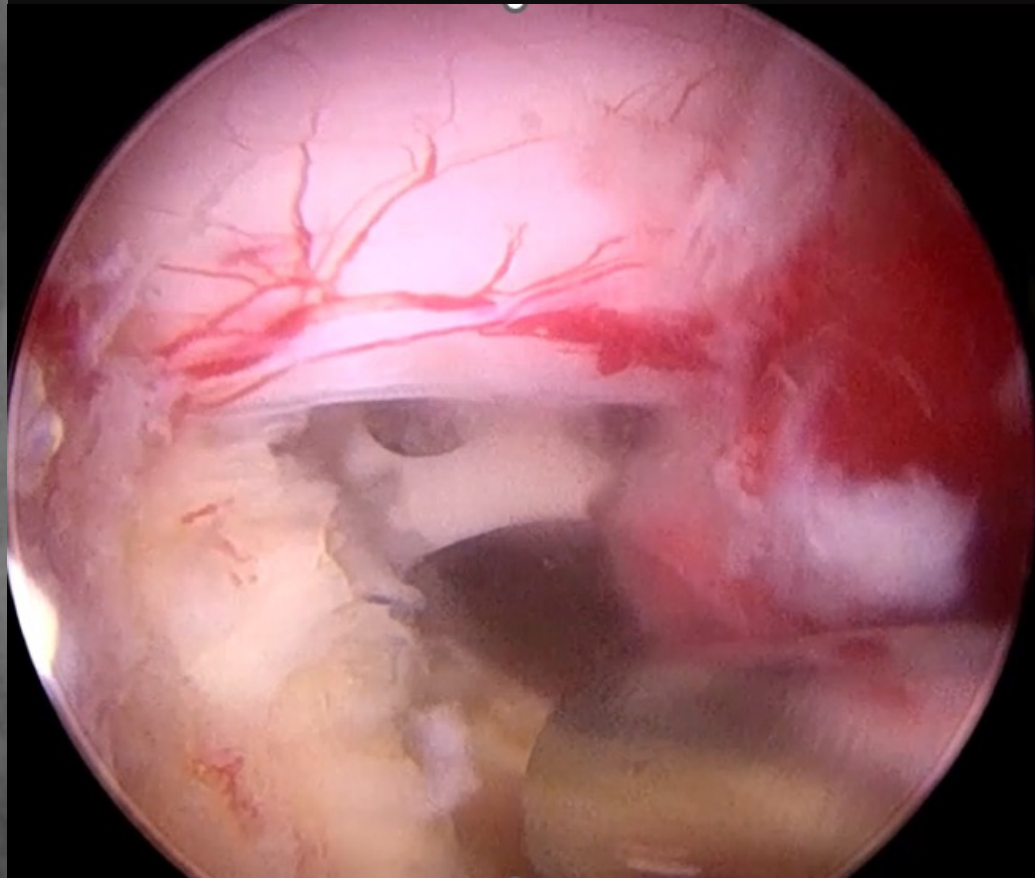
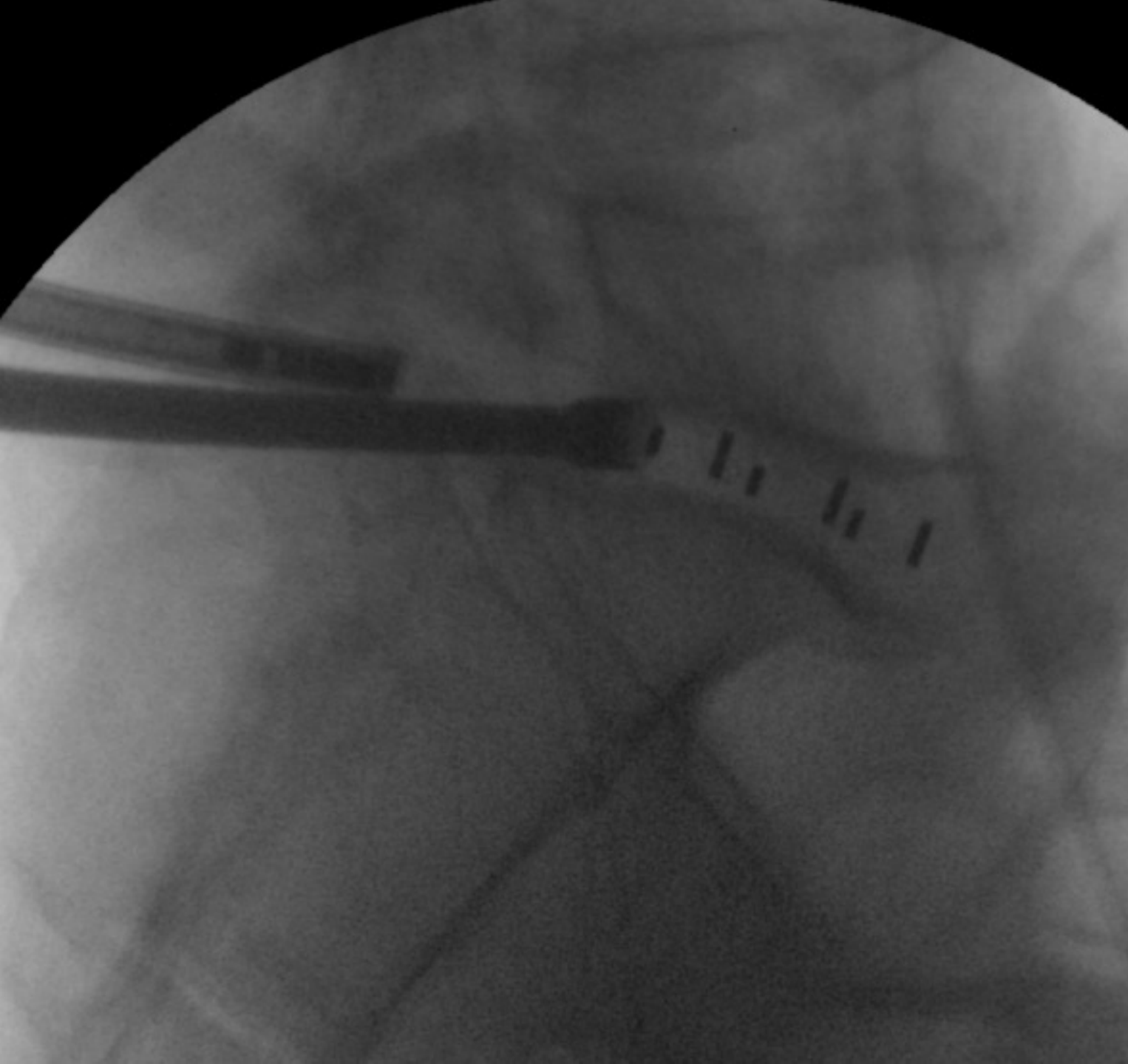


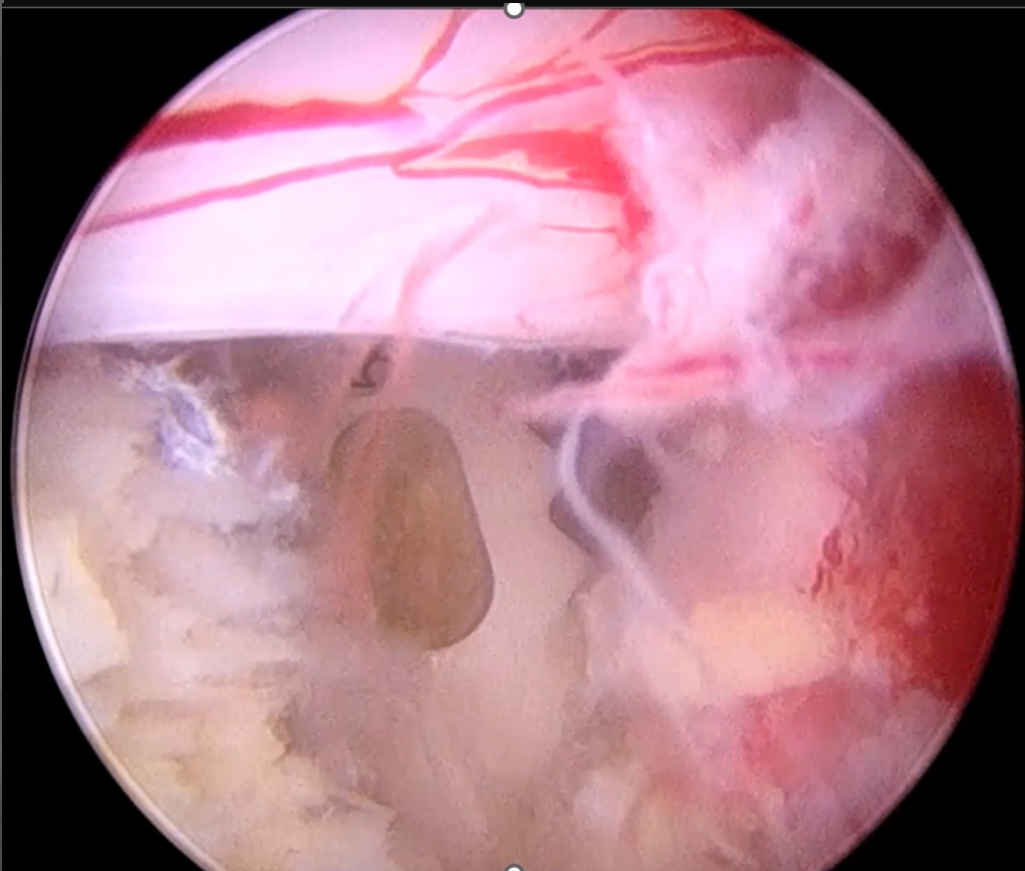
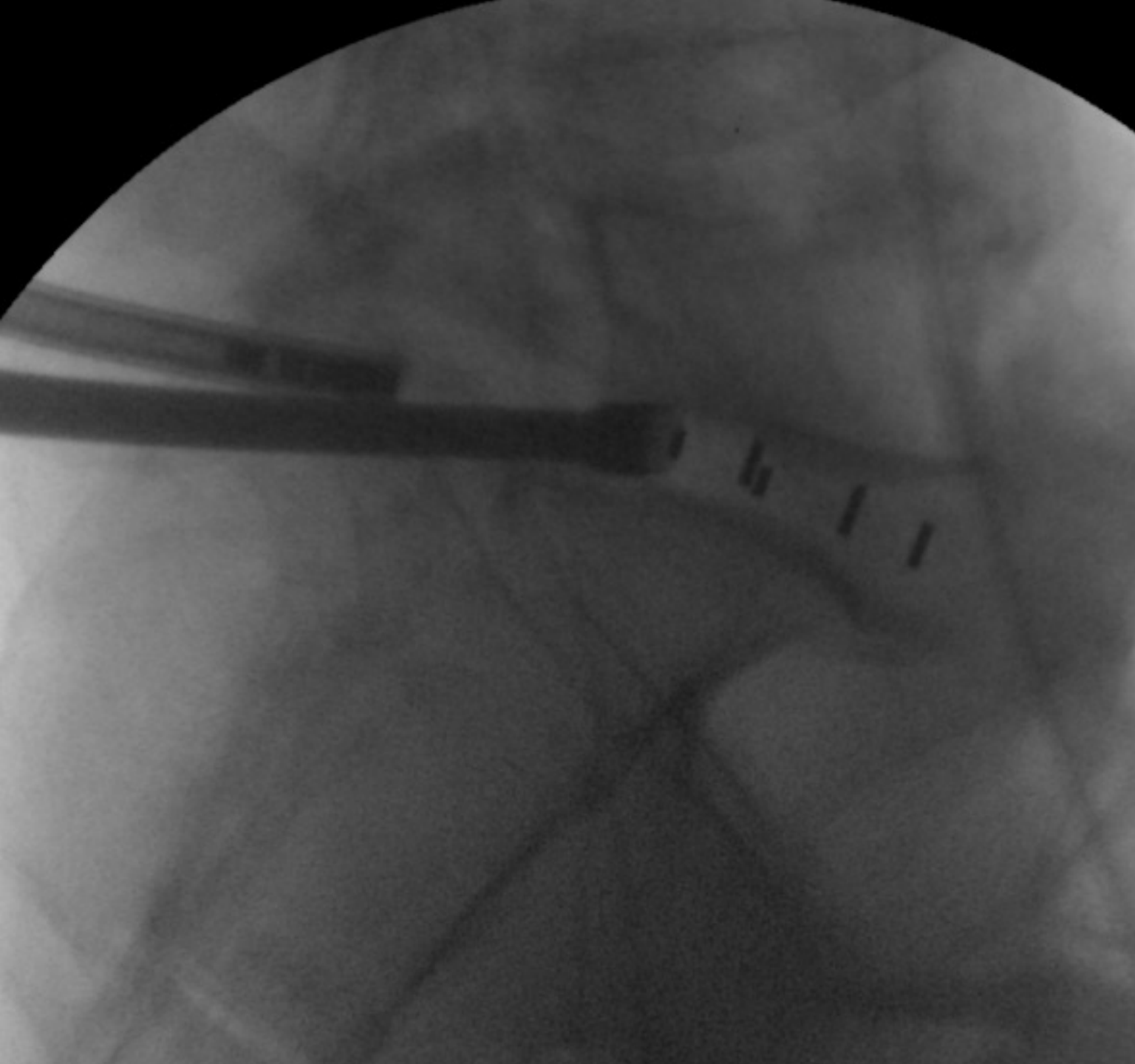








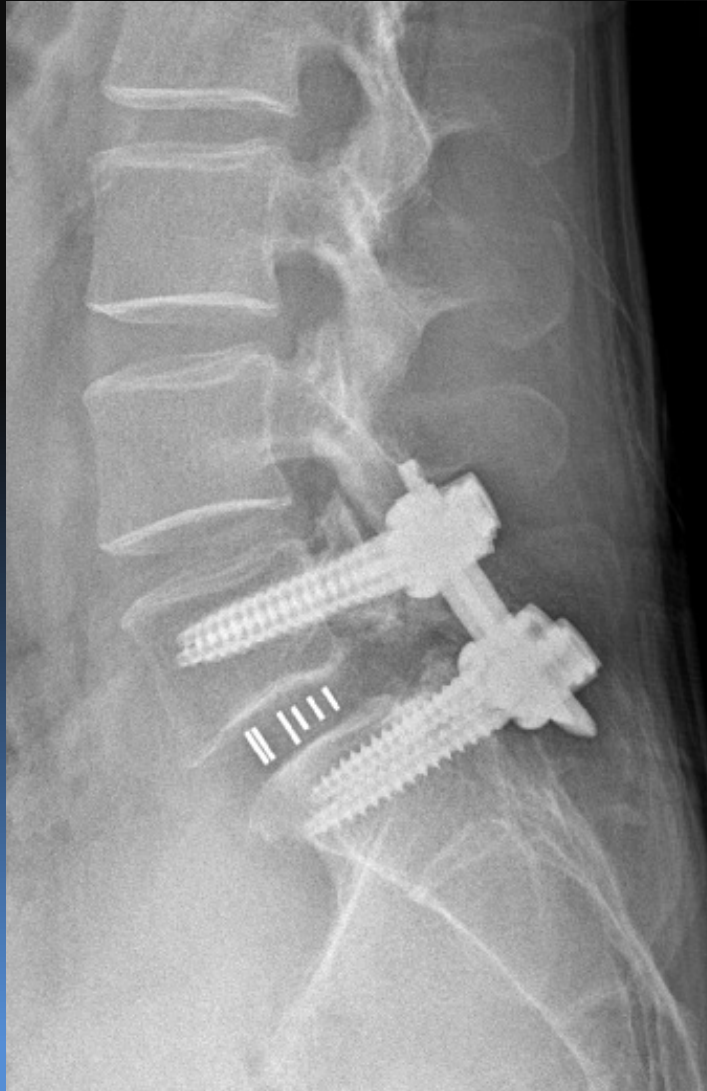


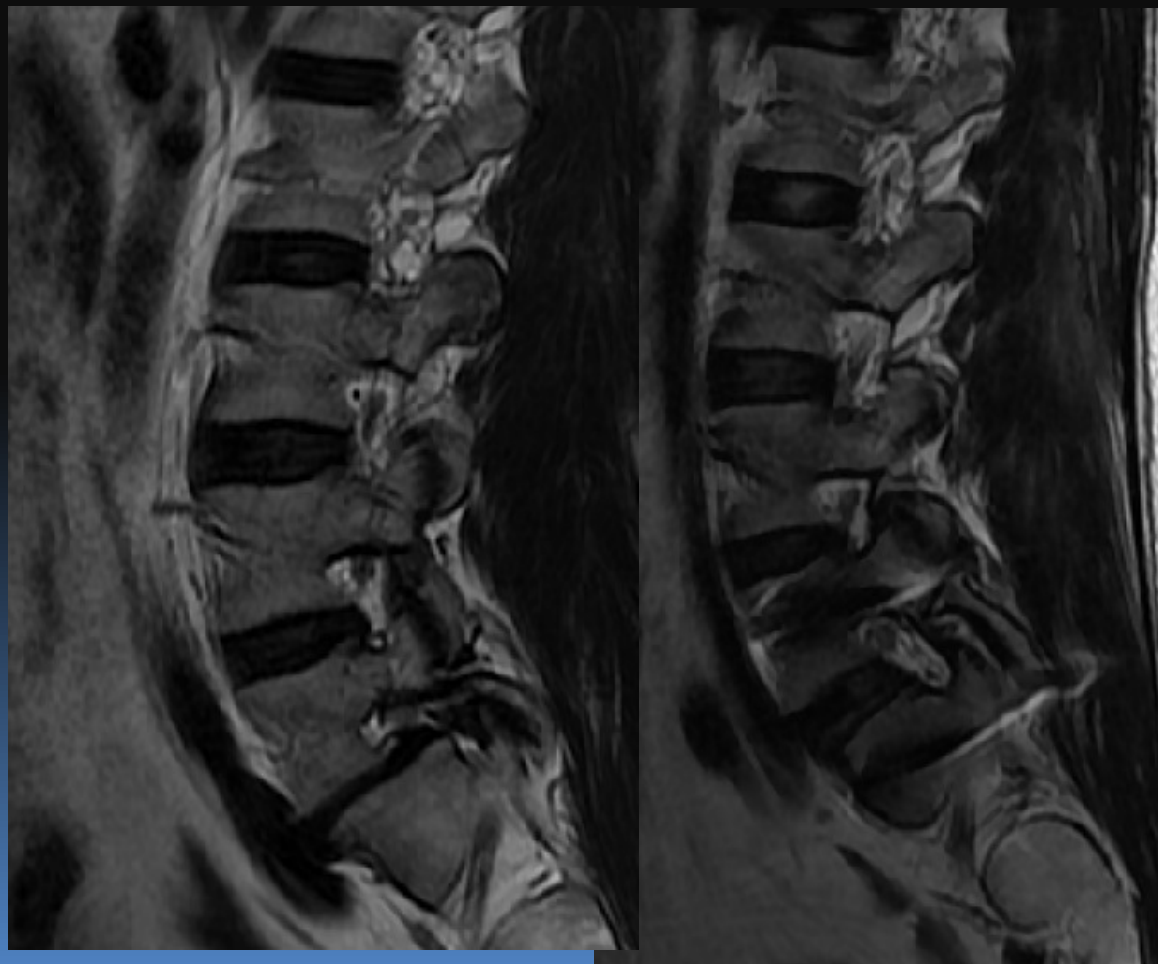
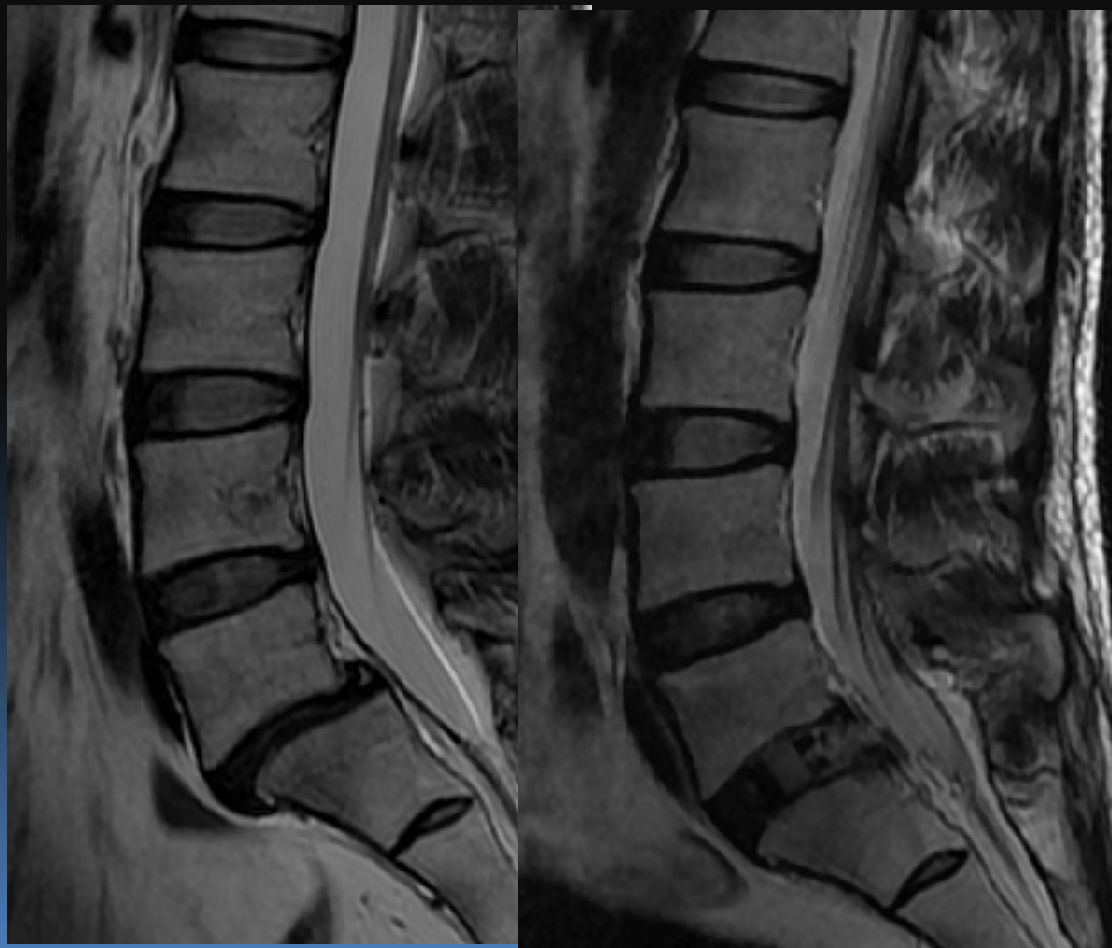


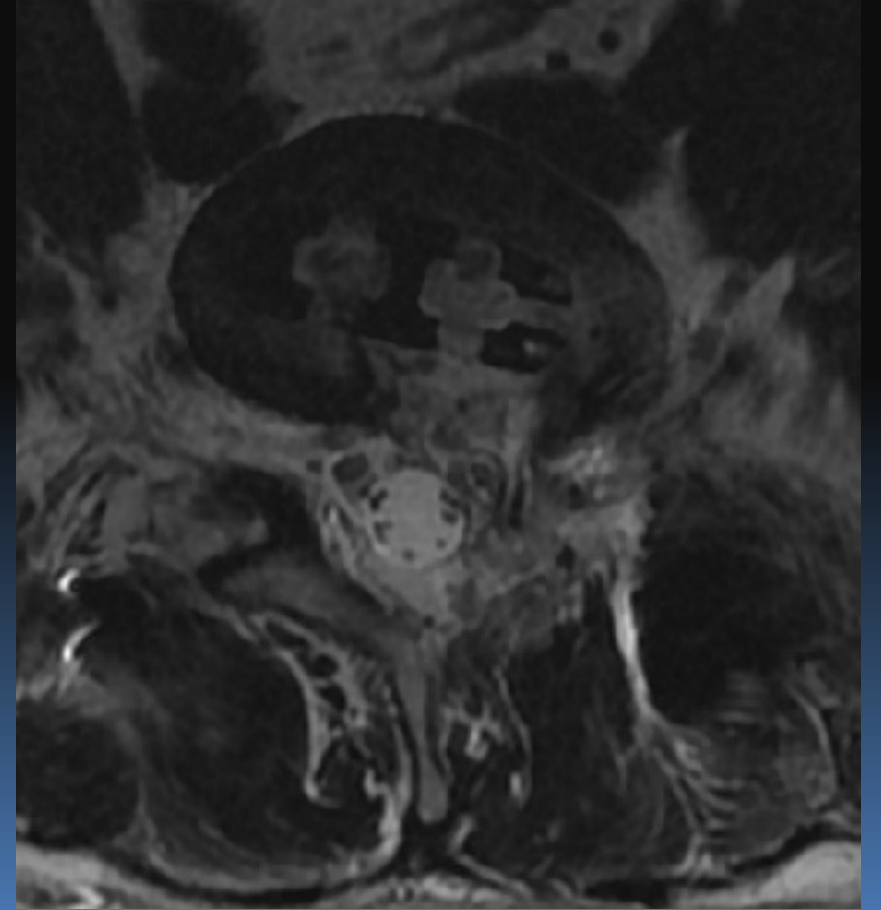
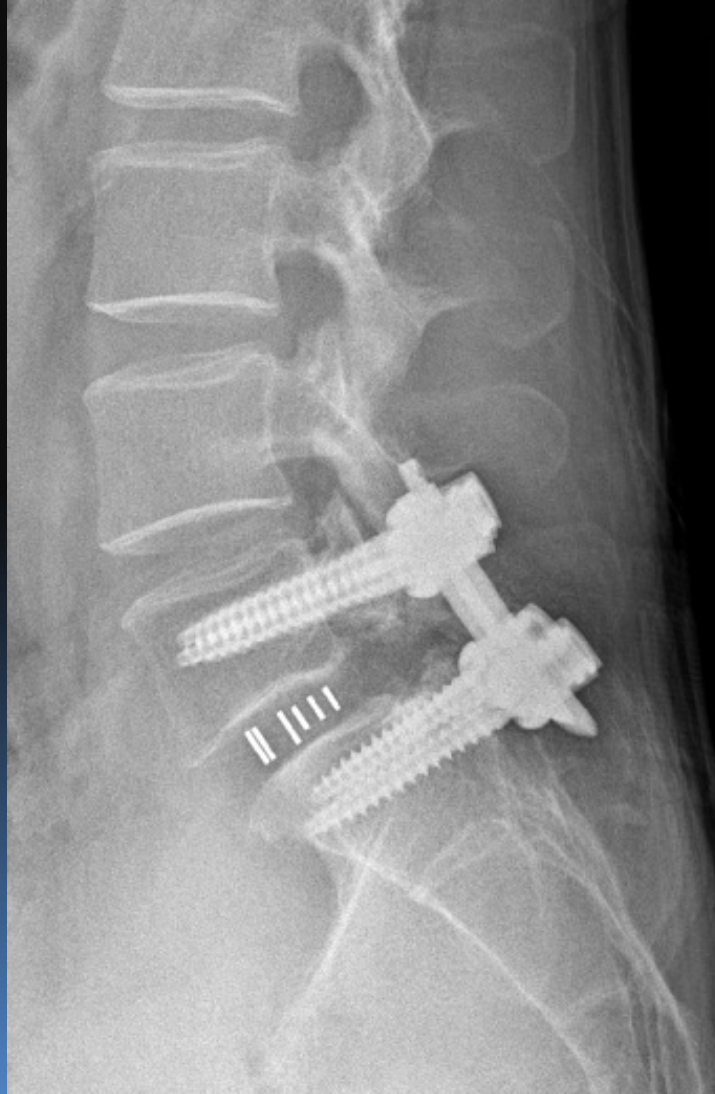
39/M back pain with both legs pain, claudication



39/M back pain with both legs pain, claudication

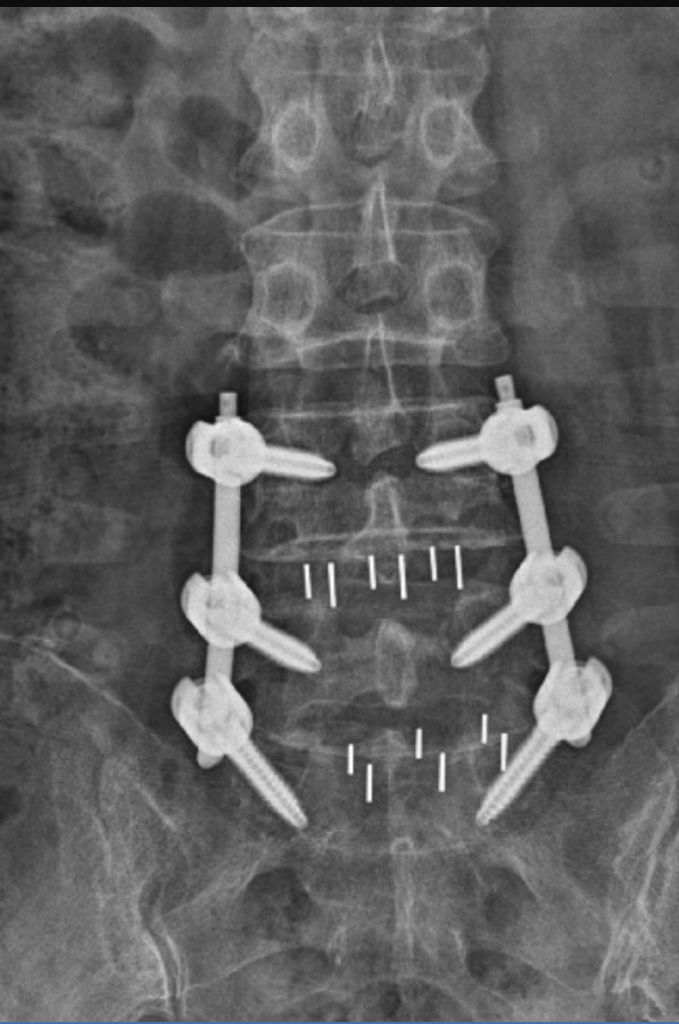






58/F NIC. Back pain





Evidences, Meta-analysis

> J Korean Neurosurg Soc. 2022 Jul;65(4):539-548. doi: 10.3340/jkns.2021.0168. Epub 2022 Jun 29.

Full-Endoscopic versus Minimally Invasive Lumbar Interbody Fusion for Lumbar Degenerative Diseases : A Systematic Review and Meta-Analysis

Seong Son ¹, Byung Rhae Yoo ¹, Sang Gu Lee ¹, Woo Kyung Kim ¹, Jong Myung Jung ¹

Meta-Analysis > Pain Physician. 2021 Sep;24(6):441-452.

Comparison of Clinical Outcomes and Complications Between Percutaneous Endoscopic and Minimally Invasive Transforaminal Lumbar Interbody Fusion for Degenerative Lumbar Disease: A Systematic Review and Meta-Analysis

Lei Zhu ¹, Tongchuan Cai ², Yuzhou Shan ¹, Wenjie Zhang ³, Liang Zhang ¹, Xinmin Feng ¹

Meta-Analysis > Sci Rep. 2022 Feb 8;12(1):2101. doi: 10.1038/s41598-022-05988-0.

Clinical outcomes, complications and fusion rates in endoscopic assisted intraforaminal lumbar interbody fusion (iLIF) versus minimally invasive transforaminal lumbar interbody fusion (MI-TLIF): systematic review and meta-analysis

José Miguel Sousa ^{1 2}, Hugo Ribeiro ³, João Luís Silva ³, Paulo Nogueira ⁴, José Guimarães Consciência ^{3 5}

**Minimize postoperative pain, Lower complications,
Short hospital stay**

Fusion rate



Endoscopic lumbar interbody fusion

@ Advantages

Direct decompression

Complete endplate preparation under endoscopic view

Large size cage insertion

Fast recovery after surgery. Minimize postoperative pain

Endoscopic lumbar interbody fusion

@ Disadvantages

Technically difficult.

Need large experiences of Endoscopic surgery and microsurgery

Thank you so much

