# POSTERIOR CERVICAL FORAMINOTOMY BY UBE (DUAL PORTAL SURGERY)











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2ND ANNUAL AMPLIFY SURGICAL

**ENDOSCOPIC SPINE SYMPOSIUM** 

FEATURING dualPortal™ AND dualX® SYSTEMS MARCH 4, 2023 | LOS ANGELES, CA

#### Curriculum Vitae

- 2014 Clinical fellowship in Spinal Neurosurgery, Severance Hospital, Seoul, Korea.
- 2015 Clinical research assistant professor in Spinal Neurosurgery, Severance Hospital, Seoul, Korea.
- 2019 Clinical assistant professor in Spinal Neurosurgery, Severance Hospital, Seoul, Korea.
- 2021 2023 Clinical associate professor in Spinal Neurosurgery, Severance Hospital, Seoul, Korea.
- Korean minimal invasive spinal surgery society (KOMISS) executive director.
- Korean spinal endoscopic surgery society (KOSESS) academic secretary.
- The world UBE research society executive director.
- Busan-Ulsan spinal endoscopy research society general affairs director.
- Master's Degree of Yonsei University



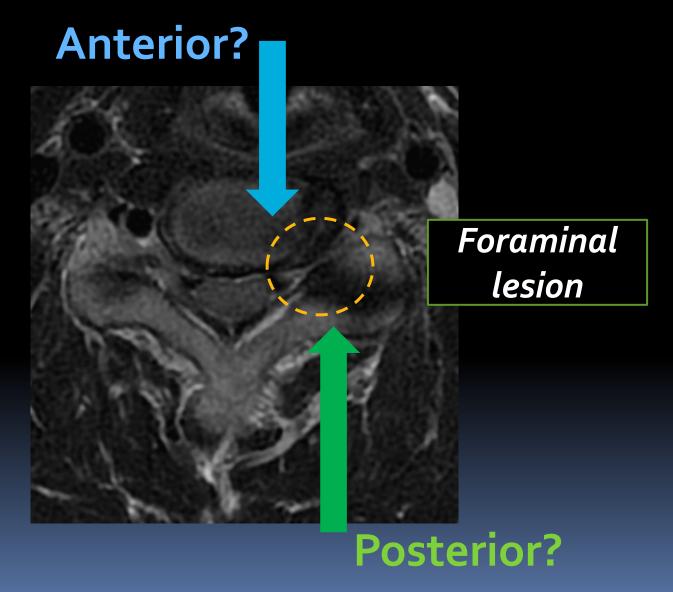




### Stanford visiting fellow(2015.11)



## Which approach is better??



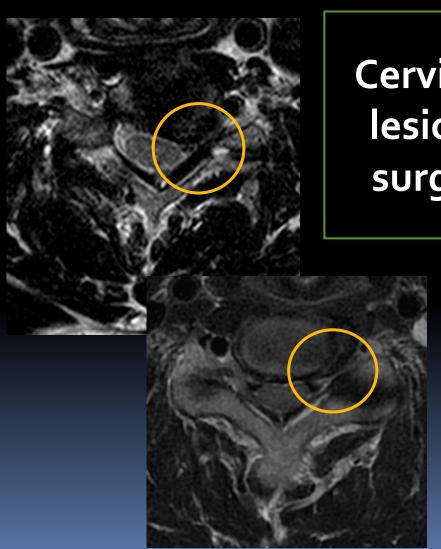
## Anterior approach.....



...is Gold standard.

However, now...
It w.a.s.
Gold standard!!

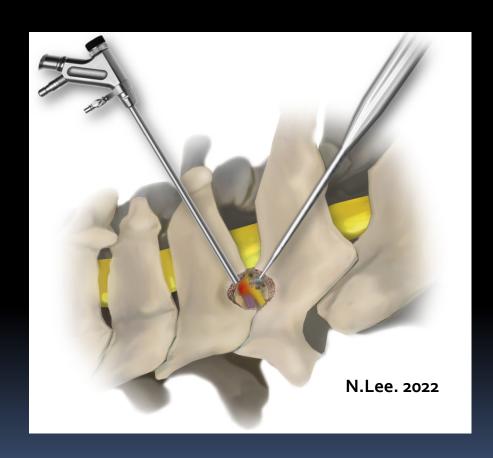
## The mainstream is changing



Cervical paracentral/foraminal lesion can be treated by UBE surgery (dual portal surgery)



### Posterior UBE key-hole surgery

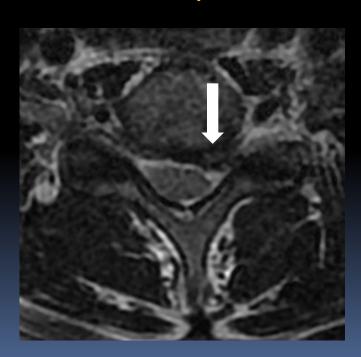


#### #Step

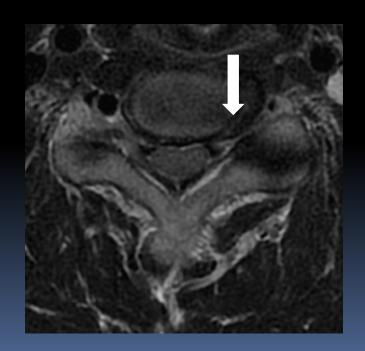
- Setting/Position
- Portal location
- Making portals
- Initial working space
- Bone work (Unroofing)
- Foraminotomy
- Discectomy (if needed)
- Finish

## Posterior UBE key-hole surgery

 PECD (posterior endoscopic cervical discectomy)

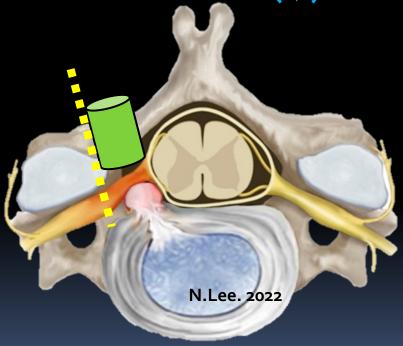


 PECF (posterior endoscopic cervical foraminotomy)

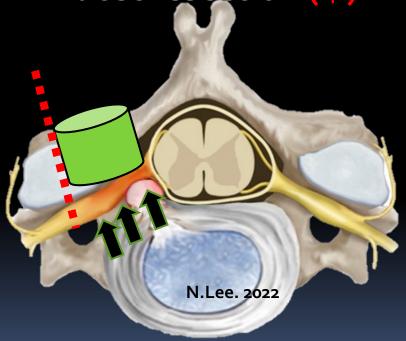


#### Key-hole size & location

- PECD
- Narrow medial
- Facet resection ( )



- PECF
- Wide lateral
- Facet resection (1)

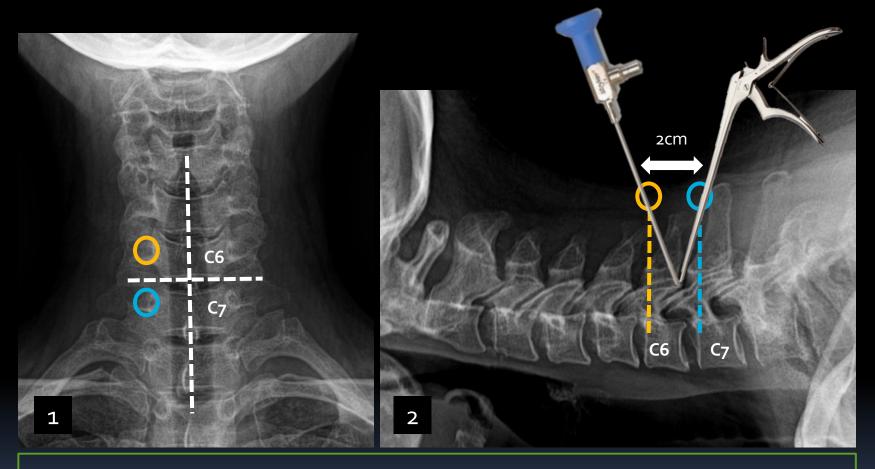


#### Position: Reverse Trendelenburg



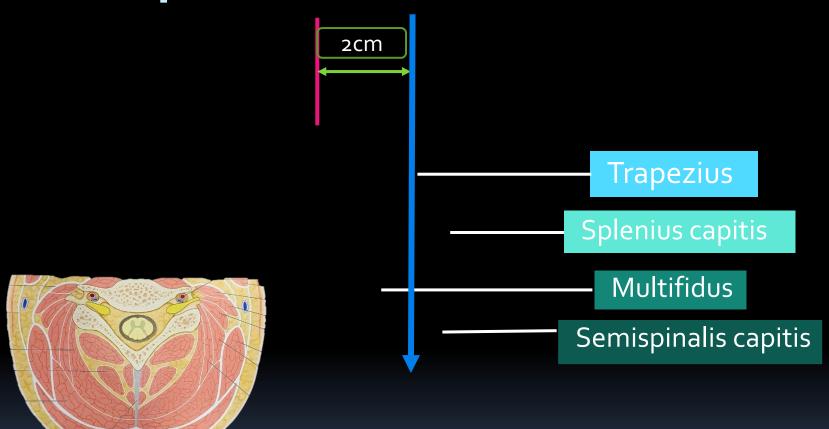
1. <u>Reverse Trendelenburg</u> position with endotracheal general anesthesia for UBE cervical decompression. 2. The surgical field should be parallel to the floor with <u>slight neck flexion</u>.

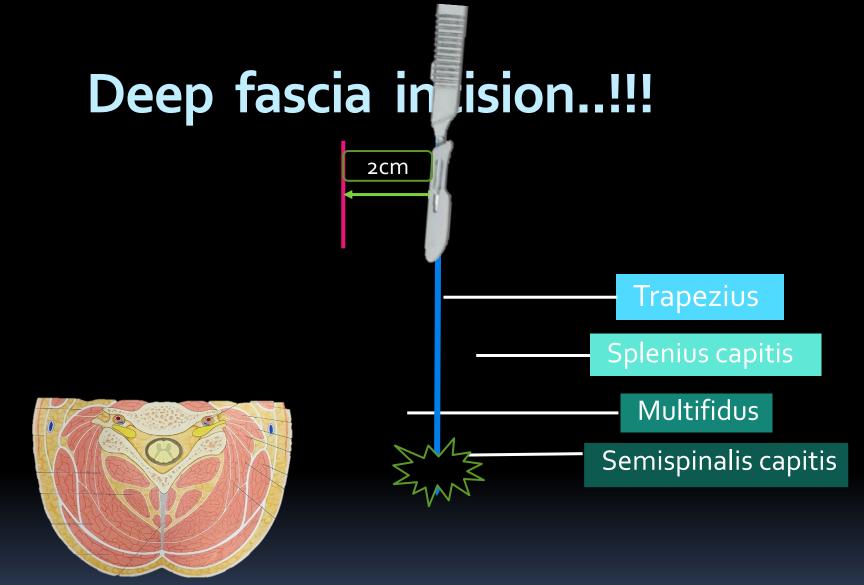
#### Portal location



1. True A-P view. Pedicle of C6 is for scope portal (yellow circle) and pedicle of C7 is for instrument portal (blue circle). 2. Lateral view. The distance between two portals is about 2-centimeters.

## Deep fascia incision..!!!

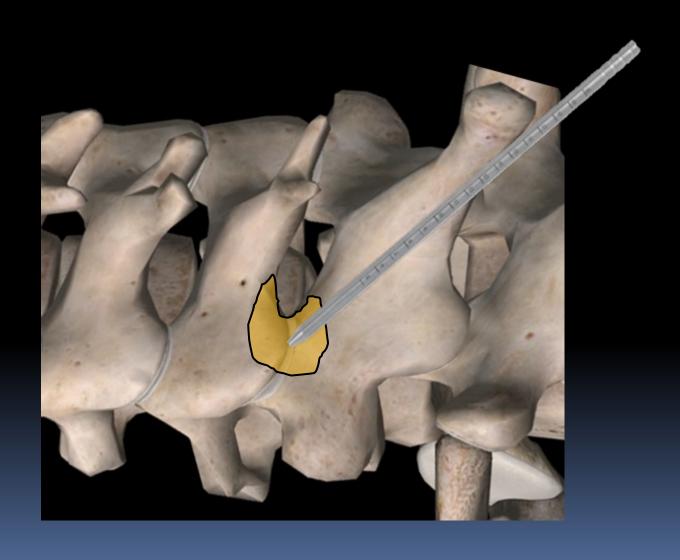


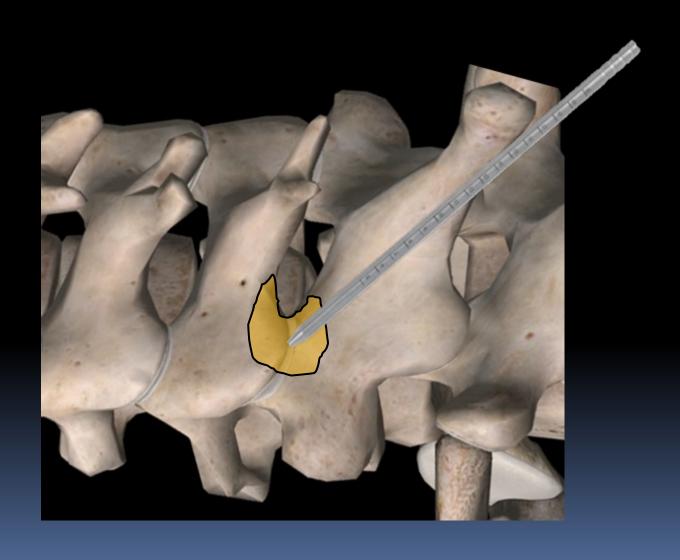


Very important that surgical knife 'penetrates' the muscle layers

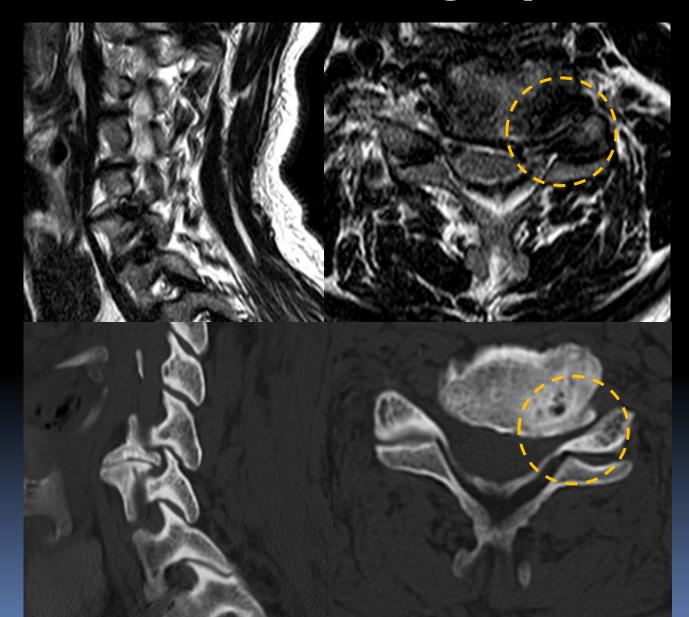








## Case #1 F-SS C5/6, Lt



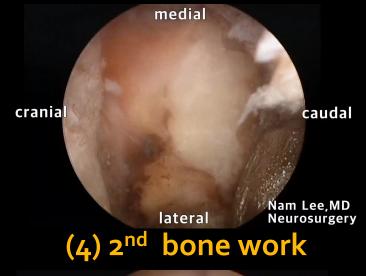
#### Serial OP vides (1)

(1) Initial working space





(2) 1st bone work











(7) Check free root



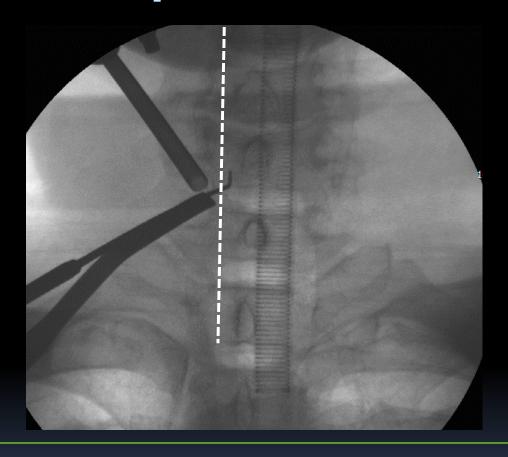
(6) foraminotomy



**#Final photo** 

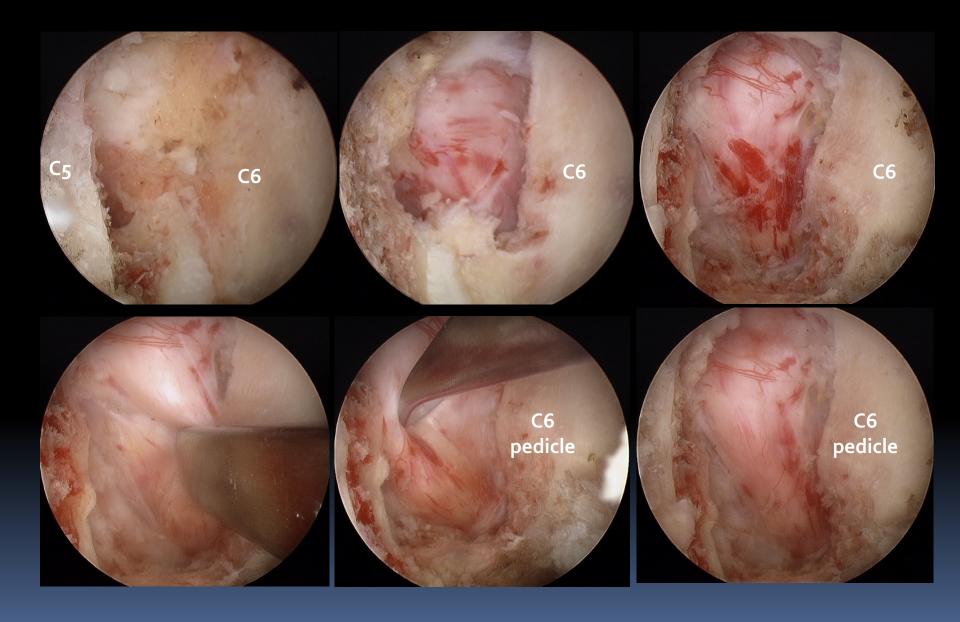


## Check 'V-point' of OP level



<u>Intra-operative A-P view</u> to confirm the 'V point' of index level.

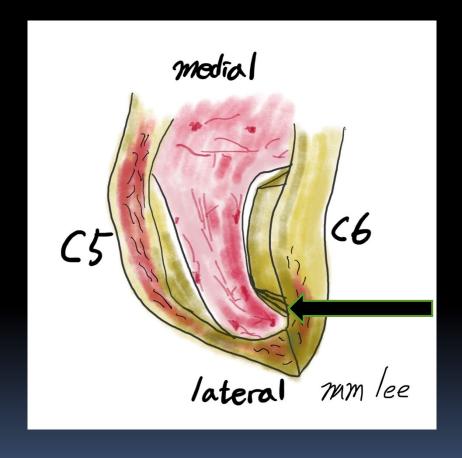
The blunt hook indicates the 'V point' of C6-C7, left side.

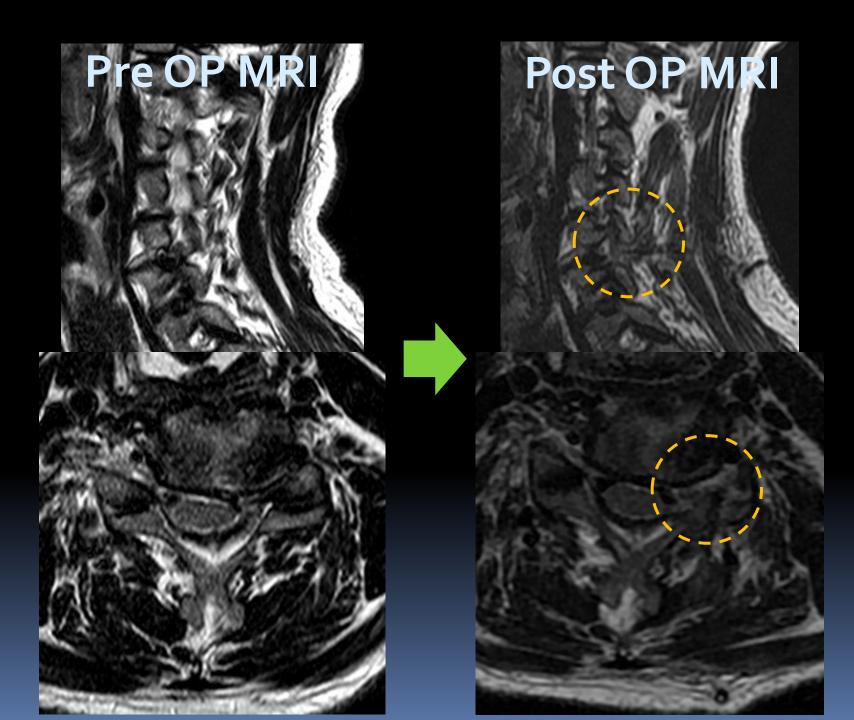


#### ##Endpoint of decompression

 Free mobilization of nerve root <u>from</u> <u>proximal to distal</u> zone

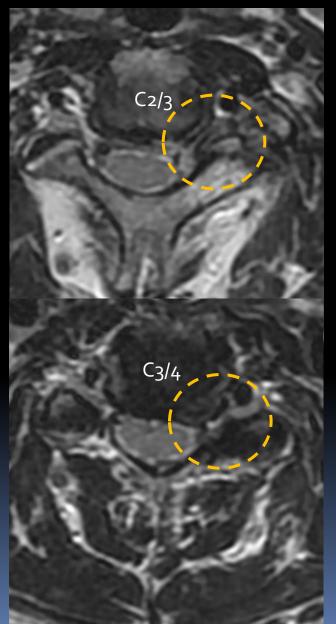
 Check the lateral margin of pedicle

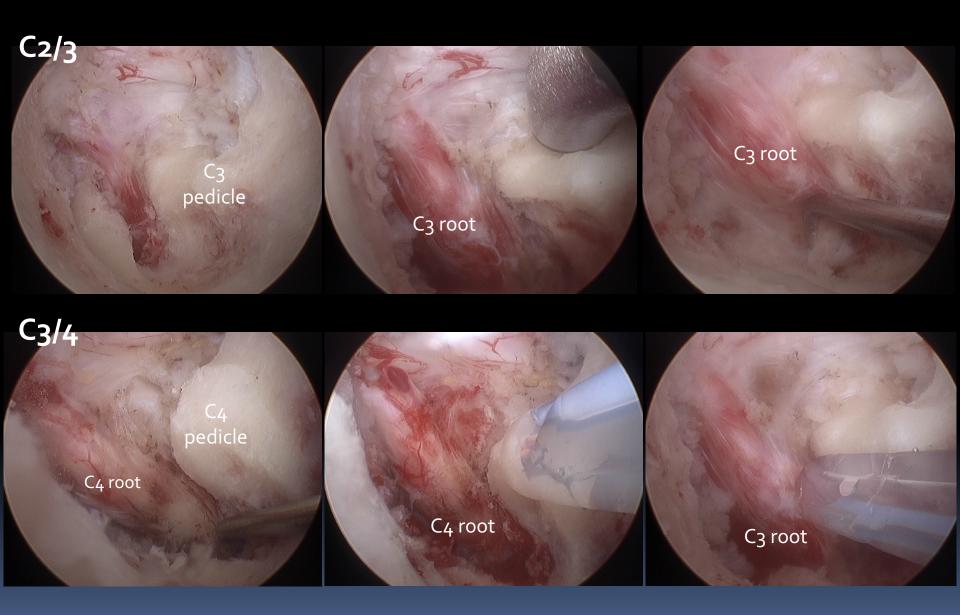




## Case #2 F-SS C2/3/4, Lt





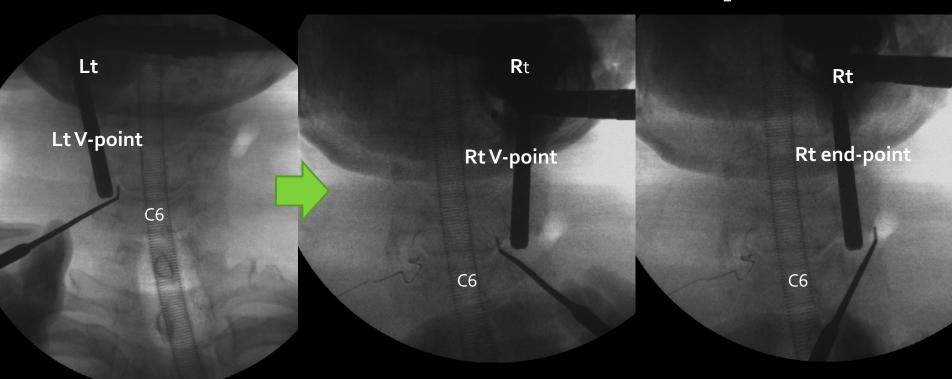


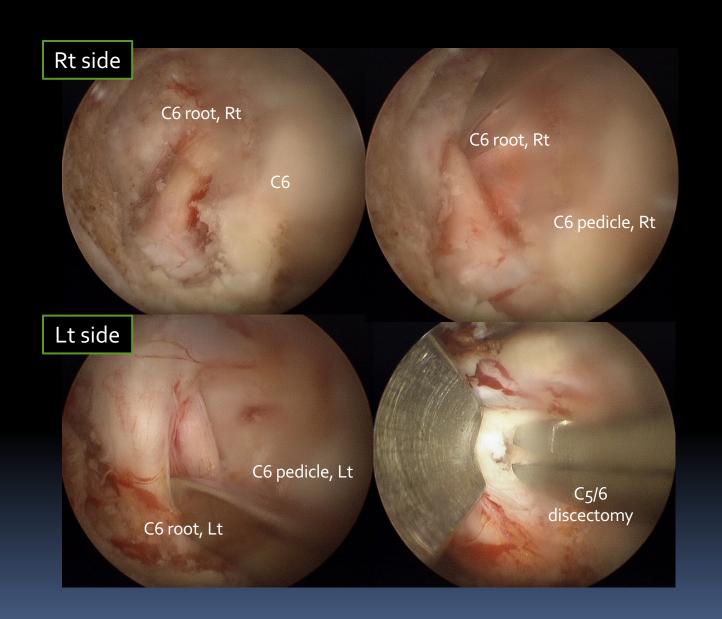
## Pre OP MRI **Post OP MRI** C2/3 C2/3 C<sub>3</sub>/<sub>4</sub> C<sub>3</sub>/<sub>4</sub>

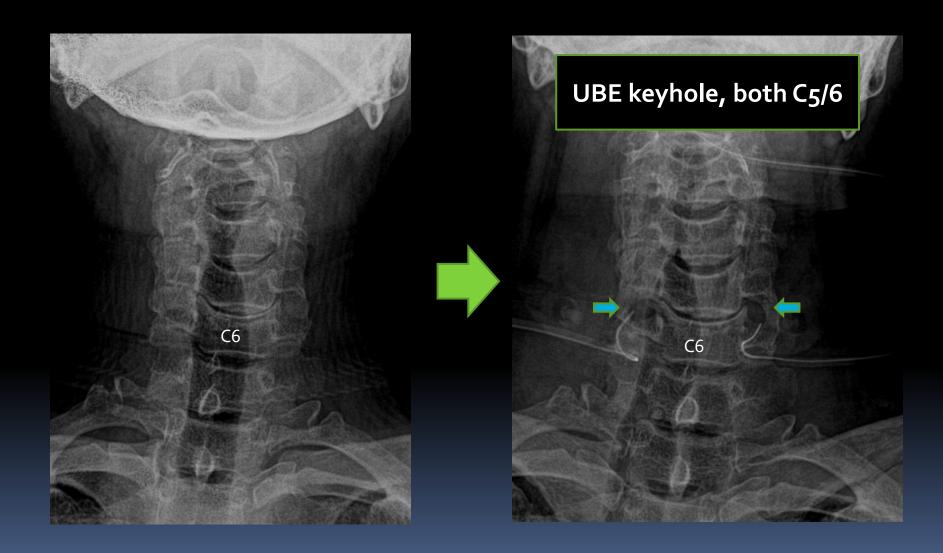
## Case #3 F-SS C<sub>5</sub>/6, both



# Lt side standing, both foraminotomy

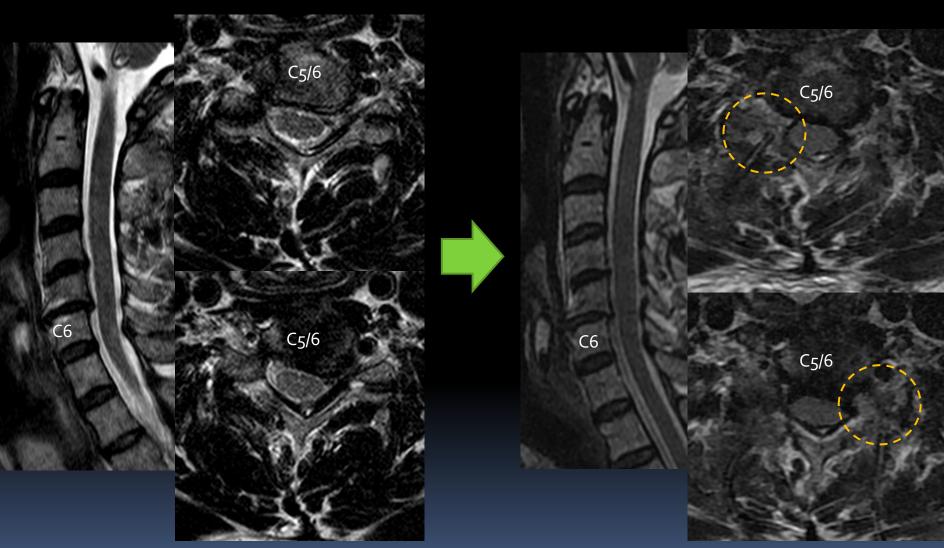




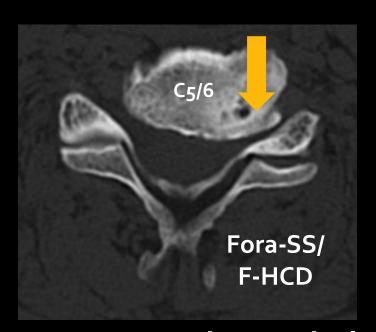


#### Pre OP MRI

#### Post OP MRI



#### Take home messages





- Posterior Cervical Endoscopic Foraminotomy (PCEF)
   using UBE is good option
- **1** Cosmetic superior (posterior op scar)
- ② Avoid ACDF (fusion surgery)
- **3** Can preserve the facet joint
- 4 Patient satisfaction is higher

#### KOMISS UBE cadaver workshop

