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What is dualPortal Endoscopic Spine Surgery and does it differ from Uniportal Endoscopic Spine Surgery?

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Hofstetter, et al., AO Spine, GlobalSpineJ20

The Obvious Answer

Uniportal Endoscopic Spine Surgery

One unit: working tube + endoscope/camera



Radiofrequency/cautery probe, drill, biting tools, grasping tools, endoscopic rongeurs









For first cases, better to be too dorsal than ventral where the lumbar plexus and viscera are located

It is not uncommon that you might get to this point and your needle stops progressing

- this is typically the lateral border of the lamina
- this is likely because you are too dorsal
- NB: the correction here is to move your hand dorsal to point your needle more ventral
- if you unsure, check a lateral fluoroscopic image



Good docking point

- medial border of the pedicle
- at the level of the disc

NB: if you whether the disc is caudal or cranial to the disc space. This will change your trajectory

Check a lateral image (if you have not already)

Identification of SAP and Pedicle

These are the the foramen.

first anatomical structures you will encounter when entering

This is the entrance to the LEFT L4-5 foramen:

SAP = dorsal (ceiling) DISC = ventral (floor) PEDICLE = caudal NERVE ROOT = cranial



Red line = outline of SAP White triangles = joint line NB: The cranial-caudal relationship <u>flips</u> left-toright for RIGHT sided approaches

Identification of SAP and Pedicle

Gaining comfort with the locations of the pedicle, SAP, and disc is critical to safely navigate in the foramen and spinal canal.

- The relative locations and relationships between them is vital
- Understanding their orientation relative to each other is a top priority for the beginner endoscopic surgeon
- Right versus left approaches will change where these structures are in space



Ventral Epidural Fat Plane & Spinal Canal

As you course medially to approach paracentral pathology, the next vital structure to identify is the epidural fat plane. Dorsal to the dura is ligamentum flavum, dura is middle and disc/annulus is ventral.









dualPortal [™] Endoscopic Spine





Targeting

- 1. Cranial of LOWER pedicle
- 2. Medial wall of pedicle
- 3. Midline
- 4. Caudal of UPPER pedicle

*AP image



Working Compartment



LEFT L4-5

Cranial

Lateral





	dualPortal	uniPortal
Equipment	"Off the shelf", most hospitals have everything you need	Purchase or lease (***)
	Arthroscopy tower/camera, spine tray	Unique to uniportal system (maintenance)
		Disposables
Learning curve	"Arthroscopy of the spine"	Entirely new procedure
Education	Learn from Sports Med colleagues	Take a course, pay money, take time off practice
	More intuitive	Less intuitive
		Precise targeting
Getting started	Industry, US and Intl mentors	Industry, AO Spine, Arthrex
Certification	None	+/-

When do I use uni- vs. dualPortal?

Extra-foraminal & foraminal	Central & paracentral
Uniportal	Uniportal
• L1-2	• L1-2
• L2-3	• L2-3
• L3-4	
• L4-5	dualportal
• L5-S1	• L3-4
	-• L4-5
	• L5-S1

Conclusion

- Surgical technique to BEST treat the pathology
- Get trained & proficient in <u>BOTH</u> techniques
- <u>L4-5 L5-S1 is where we all</u> <u>make a living...</u>



37F LLE pain BMI 41

MRI HUGE LEFT L4-5 HNP Treated with Biportal endoscopic discectomy



Thank You